

Introduction to the Importance of God's Word in Our Life

Meaning Every Word Said by the Lord in the Holy Bible

It is a Message Offered by The Virgin Mary and it is the

Steps of the Way to Life



Message Of The Virgin Mary

- One day I saw Virgin Mary again in a vision as if I was already in her house or in the place where she was in the paradise. This happened when I was in a retreat for one year as I did not leave home at all. I was as if really dead and my spirit was there. The Virgin Mary remained talking to me for a long period, may be for days. Her talk was exactly the following, as God gave me to remember every word of hers:
- My son, the Holy Bible says:

*"Stand in the ways and see... **Where the good way is, and walk in it; Then you will find rest for your souls**"* (Jeremiah 6:16)
- The Holy Bible is a message from God to every human being. Every word in it gives life to man. He is the way Himself. I mean that whoever wants to reach God must walk in this way which is His words. This means that **every word** of God's words is a **step** on the way that we have **to live** if we want to reach God at the end. So, we should first of all be interested in and seek to understand the meaning of every written word as it is written, *"Only let your conduct be worthy of the gospel of Christ"* (Philippians 1:27). This means that these words are an obligation from God put upon us to live every word as a true practical life. The word *only* means that indeed every word is written neither to clarify a concept nor to open the mind on a case but it is an action, a struggle and a work that man must do. It also means that God explains in His entire book the way i.e. how to reach Him as a practical life. I mean what we need to do in steps to reach perfection. The more we live each word the more we get close to God because every word is a **step** on the way. That is why the more we live every word the more we get close to God and thus we obtain more life in Him. Therefore, God told us,

"Man shall live by every word that proceeds from the mouth of God" (Matthew 4:4). God's word is **the lamp** for the way. Without understanding every word we will be like blind people who cannot see as it is written, *"Your word is a lamp to my feet and a light to my path"* (Psalms 119:105). When man lives every word he then takes a step on the way i.e. he gets closer to God to restore Adam's image. Therefore, he is born of water. I mean he becomes pure. This means that every word in the Bible will give the true birth to man after death in which we were born and which is the captivity. It is written, *"Of His own will He brought us forth by the word of truth"* (James 1:18). It is also written, *"Having been born again, not of corruptible seed but incorruptible, through the word of God"* (1 Peter 1:3, 23). Every word written by God is spirit and life that God is capable to plant in us as a seed that when dies and becomes buried will bring true fruits at the end of a long path. Of course this happens in one condition which is the availability of the prerequisites of agriculture. God wants us just to desire. He will open our minds to teach us the meaning of every word. We will then know what to do to live His words. The matter is absolutely dependant on man's will as it is also written, *"Receive with meekness the implanted word, which is able to save your souls"* (James 1:21). Whoever keeps asking God to reach Him will keep asking about the meaning of every word as it is written, *"Holding fast the word of life"* (Philippians 2:16). This will only happen when we trust that every word indeed gives life to man. Therefore, the Lord said, *"The words that I speak to you are spirit, and they are life"* (John 2:63). When we realize and understand every word, it will also be **armor** for us. No one can shake us or distract us from the way because we understand the word as it is written, *"Therefore take up the whole armor of God ... and the sword of the Spirit which is the word of God"* (Ephesians

6:13, 17). Of course this will happen after God plants within us His word by Himself because He promised us saying, "*Every **plant** which My heavenly Father has planted **no one can uproot** and every plant which My heavenly Father has not planted will be uprooted*" (Matthew 15:13). It is also written, "For no other **foundation** can anyone lay than that which **is laid**, which is Jesus Christ" (1 Corinthians 3:11) which is God when He came in the image of man and lived every word by Himself. That is why Jesus life became the **foundation** and the **only way** that leads to God. This means that whoever realizes that Jesus life is the **image** that God wants us to be in and to reach and which God created us to take, then Jesus life will be the purpose that he must seek to live and to accomplish in order to reach Him. I mean he has to walk just as Jesus walked. Also, He is the **foundation** i.e. the corner stone by which man can **start building** the temple of the Spirit of God which is **he himself**. I mean he will start walk just as Jesus walked. Likewise Noah built the **ark** which was a symbol of **Jesus life** i.e. the struggle that the Lord went through and not, as some thought, that the ark is the symbol of Jesus. When Noah started building the ark this was a symbol of a man who started to walk just like Jesus walked so that when he finished its building with full struggle he was saved because he entered the ark. The same happens with the struggle of man, which likens the Lord's struggle i.e. in the likeness of the Lord's death, as the Spirit of God will start to be born in him and to grow little by little until He is fully developed within him. Thus the nature of the flesh and its captivity will absolutely die and he will then become one of God's members. Therefore, Jesus practical life will be the way i.e. the manner that brings us to God, the **foundation** and the corner stone **without which** nobody would be able even to start building to reach this image. **The corner stone is the foundation of building any house.** If God puts this foundation in our life as the corner stone by

supporting us along the way then even if rains fall, winds blow and floods come they will not be able to shake or destroy it as it is founded on this rock that God himself established and planted within us.

- The Holy Bible is God's word i.e. the way itself, the way's practical steps that lead any man to God if he lives every word in the Bible. Therefore, one has to understand every word in order to live and to reach God. The Bible is God's words that explain to us how to reach Him and it is divided into three parts:
- **The First Part** is the Old Testament which explains the way as a life with symbols. For example in pharaoh's dream and Joseph's advice to him to store up one fifth of the produce of the land to save the world (Genesis 41:34) the Lord explains to us the way through making the sense of taste fast. He showed us, through a live story, that if we do not stop get satiety through one of the five senses we will become hungry exactly like if Joseph would not store up one fifth of the grain the entire people would be hungry in the years of famine. He also showed us that when someone starts his walk on the way, the flesh will fight him exactly like what happened with Rebekah when she conceived and the two children struggled together within her and a conflict for forty years started between Esau, who symbolizes man's flesh, and Jacob, who symbolizes the Spirit of God who started to be present within man (Genesis 25:22). As for Rebekah, she symbolizes man's soul and mind. Without this story which **happened in reality** the spiritual matters that happen in man's life would not be clarified in such a way. **God wanted to show us what happens in spiritual life through a live story to make clearer the spiritual matters that happen in the life of the one who starts to struggle.** When we read the conflict between Jacob and Esau for forty years we can understand more and more what happens in our spiritual life and the struggle that will be initiated by the flesh when one starts prayer and fasting. It also makes us see very clearly the spiritual matters in the form of live life in

order to increase our understanding of what will happen with us with full precision.

- We see that when Jacob sought to obtain the blessing he symbolized man's pursuit to reach God and get closer to Him. Rebekah in this situation symbolized the Spirit of God who had grown up in the man who wanted to obtain God. The Spirit of God (Rebekah) then guided this soul to slay the two goats (Genesis 27:9) which represent the death of the flesh and ego so that through them man puts the skins of the **dead slain animal** (Genesis 27:16) on his hands and neck. Without doing this, man would not be able to approach God and obtain the blessing i.e. the promise of obtaining satiety from God's good forever. **The skin of the dead slain animal** put on the smooth-skinned hands is the flesh that had been slain and through which man was able to effect a connection between him and God, i.e. he was able to **touch God**. Therefore, Jacob **would not be able to obtain Isaac's blessing** without putting the skin of a dead slain animal on his hands. Thus, God was able through this realistic story to show us clearly this truth:

Praying with a dead slain flesh is the only way through which man can make God touch him

- The skin of a dead slain animal put on the smooth-skinned hands is the symbol of a man who **crucified his flesh**, started to lift up his hands to God and to really touch Him. This skin represents the slain body [the first goat] that had been crucified with Christ. When one lifts up his hands in prayers he starts to touch God and **God starts to touch him** like when Isaac blessed Jacob as soon as he touched his hairy hands saying, "*The hands are the hands of Esau*" i.e. the hands of the carnal man who crucified this flesh and started to connect with God. It seems in the story that Isaac loved Esau more than Jacob although Esau was one with Jacob as Esau represented the flesh of this soul. God wants to tell us that He wants the **hairy hands of Esau**, i.e. He wants us to struggle and

pray with this carnal flesh after we slain and crucify it, "*Even though our outward man is perishing, yet the inward man is being renewed day by day*" (2 Corinthians 4:16), "*For he who has suffered in the flesh has ceased from sin*" (1 Peter 4:1) and "***he who is absent from the body is present with the Lord***" (2 Corinthians 5:8). As for the skin of the dead slain animal put on the smooth-skinned part of the neck of Jacob, who had of course to bow before his father to allow him to touch it, is the soul who bowed, humbled and mortified herself before God [the second slain goat]. Only through death and slaying the second goat, which is mortifying the ego, one can touch God, i.e. can make God touch him. Without putting the skin of the dead goat Jacob would not be able to obtain the blessing from his father who symbolizes God. The one who does not slay his flesh and his ego can neither get closer to God nor make God touch him even in the beginning of his struggle, i.e. even if his flesh did not completely die. But if man just starts to struggle he will start to touch God because Isaac said, "*The voice is Jacob's voice, but the hands are the hands of Esau (i.e. the flesh is the flesh of Esau)*". This means that the flesh did not yet die completely and it was still alive but the inner voice Isaac heard was Jacob's voice meaning that although one did not die completely in flesh yet the Spirit of God [Jacob's voice] started to talk, grow and live within him. Isaac blessed him exactly like God who blesses all those who begin slaying their flesh and ego and He will then touch them. At the end of the struggle of Esau and Jacob they met each other. This is a symbol of ending the enmity between the flesh and the spirit. The flesh will no more resist man [i.e. the Spirit of God who dwelled within that man]. This assures that our old man had been crucified, that the body of sin had been done away with, that the captivity had died and that we have died to **what we were held by**. Therefore after the desires, authority and hunger of the body died **it was not able to fight anymore against man**. God showed us this through a live life like the acceptance of

Jacob by Esau in order for us to realize and get insight in what happens in a very clear way.

- Without this story that God mentioned in His Bible man would not be able to clearly realize what happens in real life. God was explaining to us the way in the Old Testament through these stories. What is then the benefit lying behind knowing events that happened thousands of years before?!! Most probably they seem to have no meaning or spiritual benefit like for example the story of Lot marrying his two daughters!!! The one who does not understand the spiritual meaning of this story becomes most probably ashamed to read this chapter (Genesis 19) although it is one of the deepest lessons and meanings God wants us to know, i.e. being born of water [Lot marrying his first daughter] and being born of the Spirit [Lot marrying his second daughter]!! Without wine the two daughters would not be able to lie with their father. The same happens with man who without God's love and attraction cannot be saved, "*No one can come to Me unless the Father who sent Me draws him*" (John 6:44). And as the two daughters lied with their father by cunning, God does the same as He said, "*Being crafty, I caught you by cunning*" (2 Corinthians 12:16).
- That is how Rachel was able to steal the idols (Genesis 31:32) and Jacob did not know. The same happens with the Spirit of God [who is born within us and unites with us]. He put to death every slavery present within us and every worship to anything in the world and we do not know how this happens like what the Lord told us, "*The kingdom of God is as if a man should scatter seed on the ground and should sleep by night and rise by day and the seed should sprout and grow, he himself does not know how*" (Mark 4:26-27). In fact God works in us in order to make us will (Philippians 2:13) and He draws us to Himself because He has need of us (Luke 19: 31) like what He said to his two disciples when He sent them to bring the tied colt. This colt represents every man born in captivity. God does this out of His great infinite love because we

are in fact members of His body as it is written, "*For **by grace** you have been saved through faith, and that not of yourselves; it is the gift of God*" (Ephesians 2:8).

- **The Second Part** of the Holy Bible is the four Gospels that are Christ's practical life, i.e. the way as a practical life lived by the Lord himself. He gave us a live model and example. He used to withdraw into the wilderness and pray. He grew and became strong in spirit. He showed us by Himself how to struggle to reach the likeness of God for which we have been created. He showed us how to struggle, first to free ourselves from the captivity in which we have been born and to be resurrected from the death brought upon us by our sins that we commit due to our captivity.
- **The Third Part** is the epistles which are explanation of the way in a clear way. We are told in this part about the way as commandments. For examples when it is said, "*I have been crucified with Christ*" it is meant that we must be crucified like Christ. It is also said, "*For if we have been united together in the likeness of His death, certainly we also shall be in the likeness of His resurrection knowing this, that our old man was crucified with Him, that the body of sin might be done away with, that we should no longer be slaves of sin. You are that one's slaves whom you obey. For he who has died has been freed from sin. Now if we died with Christ, we believe that we shall also live with Him. For when we were in the flesh the sinful passions which were aroused by the law were at work with our members to bear fruit to death. But now we have been delivered from the law, having died to what we were held by so that we should serve in the newness of the Spirit and not in the oldness of the letter*". We are told here frankly and clearly about the practical steps of the way and what we should do. It is said that Christ, "*suffered in the flesh leaving us an example that we should follow His steps*". We are told everything so that we have no excuses. The Lord showed us the way to come back to Him, i.e. the way of struggle through the stories of the Old Testament which are symbols of the things and

events that happen during man's struggle on the way. He explained to us the way in the four Gospels through the life of Christ itself Who practically lived the way. Through the epistles He explained to us frankly in a clearer way what we must do, "*If we died with Him we shall also live with Him. Even though our outward man is perishing, yet the inward man is being renewed day by day. We do not look at the things which are seen, but at the things which are not seen. For the things which are seen are temporary, but the things which are not seen are eternal. While we are at home in the body we are absent from the Lord. We are confident, yes, well pleased rather to be absent from the body and to be present with the Lord. For our light affliction, which is but for a moment, is working for us a far more exceeding and eternal weight of glory*". God's commandments and advices were so clear so that no one would have an excuse.

- **God did not only teach the way but came and lived it practically.** That is why no one will be excused at the last day. The Lord said, "*And this is the condemnation, that the light has come into the world, and men loved darkness rather than light, because their deeds were evil*" (John 3:19). It was probable that God would tell us about the way like He did with Moses or He would come and teach us about the way. He rather came and lived the way by Himself and this is the greatest evidence that this is a matter of great importance. After that, God wrote for us His life on earth which is the **The Ideal Model** of the way, i.e. the manner that brings us to salvation and perfection. Therefore, God's word is "*living and powerful, and sharper than any two-edged sword, piercing even to the division of soul and spirit, and of joints and marrow*" (Hebrews 4:12). Man shall not **live** by bread alone, but **by every word** that proceeds from the mouth of God. Whoever started to get insight and to know the truth will find his constant satiety in God's words and will even meditates in them day and night (Psalms 1:2). Man needs continuous satiety. If he finds his pleasure in God and His words, then His words will be sweet to his taste as what the prophet said, "*Your words were found and I ate them. I have seen the consummation of all perfection, but Your*

commandment is exceedingly broad" (Jeremiah 15:16; Psalms 119:96). He said that because he realized that every word is a practical life and a step that will get him closer to God if he lives it exactly like Christ. Man ought to understand every word and meditate in it in order to **guarantee** that he will live it. As for the one who is still in the flesh, food is still his energy and satiety. Thus he does not find any taste, pleasure or satiety in God's word because he grows in flesh. God has incarnated, descended to earth, lived as a man and wrote in His book for our sake how He was living in order to assure us that every word written in His Gospel [i.e. the tidings He left for us] is a life that will give life to us. Therefore, we must live every word of life as this is the way that leads us to God. That is why God said to us, "*I am the way*" (John 14:6). This means that whoever walks like the Lord will arrive [like the Lord who arrived when He was showing us the way as a man]. He will be completely full of God and will be in His likeness. God showed us by Himself what is God's likeness by acquiring our nature to Himself to assure us that we can arrive. God asked us to reach His stature when He was in the flesh. Thus it is written, "*... to the measure of the stature of the fullness of Christ*" (Ephesians 4:13). Christ is the image of God which God created us to be in. He descended by Himself acquiring our same nature in order to show us how to reach this image (i.e. the image of the Son that God desired us to take) and to emphasize to us that through our weak corruptible nature that God likened us in, we can reach perfection which is God's image. Thus He gave us a commandment, "*Look to Me and be saved*" (Isaiah 45:22). Therefore whoever wants to arrive must then ask. The practical life of Christ is the way itself. Whoever walks in the same manner the Lord walked and dies in the likeness of His death is thus walking on the way i.e. he gets closer to God more and more. Also every word in the Bible is the way. It assures us that **the struggle which the Lord struggled is the only way to obtain salvation, freedom and resurrection**. There is no other way to achieve salvation and reach God except through the struggle and life lived by the Lord.

It is composed of forcing oneself and struggling in fasting and prayer which God came by Himself to show us. This means that Christ's life is the way and that every word in the Bible is also the way because it emphasizes that we must walk in the same manner the Lord walked i.e. it emphasizes that struggling in fasting and prayer is the only way to salvation and no one can with any other mean be saved as long as no other foundation can anyone lay than that which is laid, which is the practical life of Jesus Christ. God incarnated not only to complete redemption but also to fulfill another essential purpose which is to teach us the way by Himself to free us from captivity which is the origin of the illness. The Bible emphasized that Christ suffered in the flesh, thus we need to arm ourselves also with the same mind. Jesus lived death in the flesh, not only to save us but also **to leave us an example that we should follow His steps.** The Lord everlasting promise is **incline your ear, and come to Me. Hear and your soul shall live** as I am the way, the truth and the life.

- Let us leave not the barley in the head lest it would be struck (Exodus 9:31). But let us work with all our power to measure six ephahs of barley from our God, our Honor (Ruth 3:15) so that we go up with the Lord after six days (Mark 9:2) to be glorified with Him; to fill our six water pots with water so that God transforms our tasteless nature into true wine (John 2:7); to be captured by His beauty and pass through the six days of creation (Genesis 1) to become new creature, to become in God's image and likeness; to go into our room in privacy with Elizabeth for **five** months (150 days) (Luke 1:24); to be able to conquer Goliath with **five** smooth stones (1 Samuel 17:40) which God established in our organs so that we deprive our enemy from his honor to make him taking off his shoes having no authority over us anymore (Ruth 4:8); to make God who is the father of every majesty (Boaz) redeem our bonds and ties (Ruth 4:4); to make the world's water get out after **five** months (150 days) (Genesis 8:3) so that our ark rests on Ararat (which means the opposite curse) after **five** months (150 days) (Genesis 8:4); to mortify the old curse which is

our captivity to our flesh and to become God's slaves (Galatians 3:13). Thus our **five** lamps will be filled with the Spirit of God and we will not become foolish (Matthew 25:3). We will also wait 73 days (Genesis 8) keeping God's words in all His scriptures until the tops of the mountains become seen (Genesis 8:5) which are the saints.

- My son, a very important thing is that every man in this life needs only to know three very important things which are the entire **truth**. This is of course for whoever seeks the truth, seeks to live in it and does not want to live in vanity. When our Lord was incarnated, He stated, testified and assured that, "*For this cause I was born, and for this cause I have come into the world, that I should bear witness to the truth. Everyone who is of the truth hears My voice.*" (John 18:37). He refers to everyone who wants to live in the truth i.e. to live the **purpose** and the **goal** for which God created him. God will declare the truth to whoever asks to know it. These three things are:
 - **Firstly**, every man must know why he was created by God i.e. the purpose that made God create him and grant him this existence.
 - **The second thing**, he must know **what is the way** to reach this purpose he just knew and how to achieve the goal God created us for. If someone lives all his life and dies without knowing the purpose of his existence in this life, he will thus live in a purposeless way and of course he will not **seek** to achieve this purpose ... Whatever he does in this life is vain for there is no benefit in the whole life of man who does everything for the sake of this vain world as this world will vanish. He looks like someone who grasps the wind and runs after a phantom. There is no difference between such a man and any other creature whether an animal, a bird or a plant because God did not create us for this world!!
 - **Secondly**, he must know **where he is present now in relation to God**. I mean that every man must know that he is born now of flesh i.e. he is not born in the image in which God created man in the beginning but **man's nature had been totally transformed.**

He had become like an ill person or a slave. Therefore every man needs to know now what is the image the first man was in, what is the illness that entered to him and what is the image Adam has been transformed to i.e. what was Adam's image after the sin, how it has been transformed and why?!!

- Thirdly, after all that, man needs to know what is the way that leads him to God. I mean he must know first what is the way that restore him back to the image of the first man when he was created. Then he must start asking about the way that leads him to the purpose for which he was created by God. This means that now the way to God becomes two stages.
- Firstly, THE FIRST STAGE in the way is the way to restore the first image in which the first Adam was. One must know what is the remedy every man born in flesh must take in order to be totally cured and restore the freedom in which Adam lived i.e. to become pure like how Adam was in order to be able to enter the second stage.
- Secondly, THE SECOND STAGE in the way is the way or the work God created man for. It is the purpose Adam ought to seek. When God created Adam he was a very pure man. We can prescribe him at that time as born of water. He was free and not ruled by any law i.e. he was not captive or under the rule of a captivity controlling him and pushing him to do what he did not desire like what we do now or like how Adam became after He submitted to Eve's law who made him really knowing not what he was doing and caring not for his death or for breaking God's commandment. Any man is now born of flesh looks like a paralyzed patient. A bed ridden patient cannot ascend to the summit of a high mountain. A man who is chained in a prison under the ground cannot reach the top of a mountain even if he is required to. If he wants to reach the mountain's top, he must pass through the first stage which is the stage of freedom from captivity in which he lives. He must be well cured from his illness to be able in the future to fulfill the purpose set for him. Everyone

born in flesh is born in captivity and illness that make him impure because of the evil present with him.

- Everyone must know that the way to the purpose for which he was created by God is now two stages: the first stage is **BEING BORN OF WATER**. It is restoration of the image of the first Adam who is considered to be born of water. This expression indicates and symbolizes that one is totally cleansed from all his sins. This happens when the **origin of the illness**, which is **the captivity** in which we have been born, dies. After that, when one is restored to the first Adam's image he becomes able **to be born of the Spirit** i.e. to start being filled with the Spirit of God. When the first man was created by God he was like a very clean vessel. This was the state of Adam. After that we became like a dirty vessel that we cannot fill with good wine. We must **first**, as a first stage, wash and cleanse it well to be able to start the second stage which is being filled with the Holy Spirit. Moses was a symbol of the first stage which is the delivery from captivity in which we had been born. But Joshua was the symbol of the second stage. How one can enter the land of Canaan while he is still in Egypt in the hand of the original illness?!! Thus God showed us that Moses life was 120 years: the first forty years were in Pharaoh's palace, in the second forty years he was tending the flock of Jethro and in the third forty years he was leading the people of Israel. This was a sign that the first stage includes the three days that man is resurrected at its end. The first forty years ended up with Moses wanting to walk with God refusing to be called the son of Pharaoh's daughter and it is the first step which is **THE WILL**. The second forty years are his struggle in the wilderness and his marriage which represents man's unity with God and the beginning to live what is written, "*After two days He will revive us*" (Hosea 6:2). At the end of these years he saw the bush, heard God's voice and started to talk with Him. This happened because **RECONCILIATION** started between him and God through repentance and purification. The third forty years are the separation from sin through death of captivity. Thus, Moses took

the people out of Pharaoh's captivity until he reached the borders of Canaan and these are the three quarts of barley (Revelation 6:6). As for Joshua, he symbolizes Christ who is the only one capable to give us birth of Spirit. The Lord told us in the Bible that one of the Midianites' army (the enemies) saw a dream that a loaf of barley bread tumbled into the camp of Median; it came to a tent **and struck it so that it fell and overturned, and the tent collapsed** (Judges 7:13). This was a symbol of a man who passed the first stage, i.e. he was born of water and became pure, and was able to conquer all his enemies because what he was held by has died (Romans 7:6).

- Also, John the Baptist was a symbol of the first stage. That is why God planned that John the Baptist would baptize with water as a sign and symbol of passing the first stage to make anyone understand that the way requires two stages. Thus John the Baptist cried, "Prepare the way of the Lord, I indeed baptize you with water but He who is coming after me will baptize you with the Holy Spirit and fire" (Matthew 3: 11). The word baptism means pigmentation i.e. that the man must become first in the real image of Adam as if he is a piece of fabric put in a pigment to take its same color. Thus man must be completely purified at first and must totally restore Adam's image i.e. must become without sin as it is written in the Bible, "Whoever has been born of God does not sin and he cannot sin" (1 John 3:9). This happens when the origin of illness dies like what is said in the Bible, "But now we have been delivered from the law having died to what we were held by" (Romans 7:6).
- Now we had been born ill and in order to achieve the purpose for which God created us which resembles a mountain, we must escalate it. This requires that everyone becomes totally cured. If one is not sound and cured, like how was Adam in the beginning, he cannot even **start** because the way is so difficult!! He needs to resist up to bloodshed. How can one, who is captive in Pharaoh's horrible prisons and enchained in bonds in the depths of earth,

fight in Canaan?!! If he really wants to fight and conquer he must first pass **the first essential stage** as there is no other way or path except it [without it one cannot live the purpose for which he was created by God]. This stage is obtaining freedom at first and then escaping away and reaching Canaan to begin the war. Unless one washes his dirty vessel he cannot benefit from filling it with good wine because this wine will be polluted soon and will be unusable!!

- Now, every man needs to know, he rather must know, this third matter which is the most important and which states that we are born now with a nature that is totally different from the one God created us in. We became like an ill person incapable to move and who is required to reach the top of a mountain. How would he start doing anything?! I mean that whoever wants to live the purpose and the goal for which he was created by God needs first to pass the first preparatory stage which is a first stage that was prescribed by John the Baptist, "**Prepare the way of the Lord**" (Mark 1:3) and through which one returns to be totally cured, sound, **free and pure**. He then becomes able to start the second stage which is the essential stage i.e. the goal for which God created us which is to be born of Spirit. This occurs when one already reaches the first man's image i.e. the image of a cured person who was born first of water and became very pure exactly like Adam. **He is then capable, in this state only**, to begin the work that God created him for and is able to seek the purpose Adam ought to do and live for. Without this first stage no one can reach the **zero point** which is the only point at which he can start. **The Israelites had to pass through a preparatory stage in order to enter Canaan with Joshua**. This stage is composed of God's exodus of the people out of Pharaoh's hand with an amazing power, strong hand and a lot of strokes. Then the people had to walk with Moses for forty years in the wilderness and this was a symbol of the first stage which was **the preparation**. All these people did not enter Canaan because they were symbol of the old man which is the illness present within man. They died in

the wilderness and this was indicating that man's old nature had to die first before his children came (they are the first image of the first sound man that was present in Adam). Thus these children alone were capable to start the work God requires from every human being. This is the image of a man born of water i.e. has been delivered from his captivity. Thus, he was able to become without sin as if totally washed and this was Adam's image. Moses was a symbol of the man who was able to help whoever desired to pass through the first stage. He also resembled John the Baptist who was sent by God **to baptize with water** in order to prepare everyone born of flesh to be restored to the image of the first Adam. As for Joshua, he was a symbol of Christ who is **the only One capable of baptizing with Spirit** whose winnowing fan is in hand. God leads this stage by Himself because **no man can fill another man with the Spirit of God**. That is why the meaning of the word Joshua is the same meaning of the word Jesus i.e. the savior or God's salvation "Jehovah-saved".

- Everyone must know where he stands from the Lord now **in order just to be able to start**. I mean that everyone who is born of flesh looks like a prince who was living with his father the king in a great palace. This prince was about to build a big tower upon his father king request. Some wicked people envied him and kidnapped him because he was not keen to close the doors of his house and the place where he was spending night. They stroke him and after he lost consciousness they threw him in a place very far away from his palace, his city, his country and his continent. When this man was resuscitated, he found himself in a desert. He was unable to realize where he was [like anyone now who is born of flesh]. If this prince **truly** wants to return to **his home**, which is his father's palace present in Europe, in order to fulfill the order and the goal his father asked him to do he must then pass through a preliminary very important stage **without which whatever he does will be useless**. As this prince became like a prisoner chained under the ground, he does not need **now**

to know **the goal** set for him which is the task his father assigned to him because he became like a prisoner put in chains. He cannot build the tower his father asked him to build. But he really needs, first of all, to know **the way to return to his father** and how to walk. This is the goal that must be currently set for him. I mean that **how can he think he is able to start building the tower his father ordered him to build while he is now lost in desert?!** He thus **needs, first of all, in this state,** to know **where he is** i.e. he must pass **the first stage** which will be the most important stage and the base in his life. This stage is essential and inevitable and composed of knowing his place in relation to the place in which he was present before. After that, he has to know **the way** i.e. how to return to his father. After the prince regained his consciousness and found himself lost in the wilderness he had to be preoccupied, above all, with one only thing that constituted a goal for him that he ought to achieve through resisting up to bloodshed. This goal would be **how to return to the place in which he was present before**. This is the only goal that after he would achieve he would be really able [if he really desired] to achieve the goal which is the task his father asked him to fulfill.

- After he comes back to his father and actually arrives to his first place he will be then able to start the second stage which is achieving **the goal** i.e. the work of building the tower assigned to him by his father. But can we ask the prince now, while he is lost in the wilderness and possesses nothing except the delusion that he can build the tower, saying: start the work your father assigned to you?! He has no building materials and his father ordered him to build the tower beside the palace in the king's city. This person does not know **where he is** and does not know how to return back i.e. **what is the way**, how to reach his father and what is the manner to come back to his father. How can we ask him, while he is lost in the wilderness and does not know his place in relation to his father's place, to start building the tower?! **The tower cannot be built except in the city of his father king.** The prince needs now and above all to know **where he currently**

is i.e. the exact place in which he is present now. For **according to his current place in the wilderness his way will be determined** i.e. **his work** in the first stage, through which he must pass, will be determined. If he firstly knows that he is in the desert of Egypt he will then know that his way will be to cross the Mediterranean Sea in order to return to Europe. If he knows he is in America his way will be then to cross the Atlantic Ocean. After the prince knows his place he will start looking for the food he needs in the wilderness and determining the time that will be taken in order to know all what he will need. This looks like what happened with Noah when God asked him to take food for himself and for every animal present with him inside the ark. **So**, when the prince regains his consciousness and finds himself in the wilderness he needs (1) to inquire seriously, first of all, to know **where he is** if he really wants to return back because if the prince does not want to return back to his father he will not then ask about the way and he will not also ask about where he is. (2) to ask about the ways of transportation that will bring him back to his father's palace.

- Therefore, the whole matter depends totally upon whether the prince really desires to achieve the goal and the task his father king has assigned to him or not. According to **this desire** the whole issue will be determined. **Therefore, the whole matter is totally dependent upon one condition which is the true desire of the prince to return to his father.** If he **wants** he will then start, first of all, to ask **where he is**. For, according to his place, he will know **the way** through which he **will return back** home. He needs to know how he will return back and **to know everything about the way** that will lead him. If the prince is reluctant in seeking to pass the first stage, which is coming back home, he will bring upon himself a lot of sufferings and tribulations. But if he resists up to bloodshed with all his power, passes the first stage and comes back to his father's palace he will then be able to start **his work** which is **the purpose** his father assigned to him to fulfill.

- Likewise, we who are born in this world need, first of all, to know the purpose for which God created man like the prince who knew that the supreme purpose required from him was to build the tower. In order to fulfill this purpose, he ought to pass the first stage. The same applies to us. We must now know that God created us to be in His image and His likeness if we become members in Him. But we cannot currently fulfill this task because we are born as slaves in captivity to the flesh and the ego. There is no benefit now from desiring to be in God's likeness as long as we have been born in an image and **nature** totally different from the image and nature Adam was in. **Thus** we need to know what was Adam's nature, what was the illness that entered to us until our nature became as such and changed from the nature Adam was in, and what the remedy is. Therefore, we must know **where we stand in relation to God** and thereafter, we can start passing the first stage which is the stage of being restored to the first nature and the first image in which Adam was created like the prince who ought, first of all, to be restored to his first rank. Likewise, we also need to know that we need, first of all, the cure and purification that make us restored to our first health and nature in which Adam was created. This means that we must pass the stage of being born of water in order to be restored to Adam's image to start the task God assigned to us i.e. to start living the **purpose** and the goal for which God created us which is to be filled with the Holy Spirit and born of Him. How comes that a man who just regained his consciousness and found himself in wilderness asks about the task assigned to him by the king?! He will then look like a foolish one given some seeds to plant in a ground. When he knew that he had to water the ground everyday he started to water it, to put strong effective fertilizer in it and to expose it to sunlight. But in foolishness of mind and heart **he did not, firstly, bury the seeds given to him by the king.**
- What is humanity doing now?!** We look like a bed ridden patient who **heard** that he must escalate to the top of a very high

mountain and this task needs a perfect struggle to complete the entire way to the summit like what the Lord said, "*You shall be perfect*" (Matthew 5:48). This perfect struggle needs a perfect **strength**. How can this man think that he can even start to move while he is **paralyzed, blind** and totally unable to move?! How this poor miserable man imagines while he is in such a state and **cannot stand on his feet** that he can ascend to the top of the mountain?! Does not he know that the perfect struggle needs a **perfect strength**?! Even if he can stand up **he still cannot see**.

- Likewise everyone living now in the world must know, first of all, even before knowing the purpose of his existence in this life, that he became in full slavery and captivity that make him ignorant of what he is doing and not doing what he desires (Romans 7) i.e. his nature has been totally turned away from the image in which God created man because he is born of flesh. He must ask first: What happened?! I mean:
 - (1) What was Adam's image?! What was his nature?!
 - (2) What happened to him?! What did he do?! What was the change and **illness** that entered to him?!
 - (3) **We must know first the remedy of this illness so that after all we return back in good health like how Adam was. Then we know how to start achieving the purpose God created Adam to fulfill. This looks like the prince who was assigned by the king to build a tower and found himself in a desert. He must first pass the first stage which is the stage of preparation in order to achieve the purpose he was ordered by the king to complete.**
- **Therefore, every man born of flesh must know the truth which is:**
 - 1) **What is the purpose for which God created man [i.e. Adam]?!**
 - 2) What was the first man's image and nature in which he was created by God?!
 - 3) What happened to Adam and what change affected him i.e. what is our nature now?! I mean what is **the illness** that affected Adam and was inherited by the entire humanity and what is **the remedy** that we need in order to be restored to Adam's first image?! **What is the way that leads us firstly to Adam's image**

and that we must first of all walk in?! This way is the first stage without passing through which firstly we cannot achieve the purpose God created us for. Thereafter, comes the way i.e. **the second stage** that leads us to the purpose God created Adam to fulfill. **We cannot currently achieve the purpose God created Adam for because we need firstly to be prepared i.e. remedy i.e. freedom** because all humanity now looks like the prince who regained his consciousness and found himself in the desert because some thieves **kidnapped, injured and left him near death.** We are now born in flesh i.e. we are **ill, slaves** and even like **an earth without form and void; like the deep on which there is darkness.** We thus need remedy and freedom first of all.

- Every man must know that the entire Bible talks only about these two stages. God explained the way in the first chapter of the Holy Bible as it is the six days of creation. Unfortunately, many people lived and died without realizing why the Lord resurrected on the third day specifically that He did not spend three entire solar days in the tomb [i.e. He did not spend 72 hours]. He remained in the tomb for only few hours of Friday and may be for only one hour of Sunday because He aimed to be in the tomb on Friday and Sunday and it was not important for him to remain there for the whole day. This looks like someone who went to a certain place on Sunday for only few minutes to fulfill an important task **in this place** and this task had to be fulfilled **on this specific day** but he was not in need **to stay** there for the whole day. This emphasizes that God was denoting **three essential steps** that we ought to live and to fulfill each step of them. He did not mean to remain in the tomb for actual three solar days. The period of His presence in the tomb was denoting a certain toil man must go through which takes three steps and stages and cannot start unless the first step totally comes to an end. All this aims at bringing us to a state that God wants us to arrive at which is the state of resurrection from death i.e. the death in which we were born which is the death of captivity that makes us sin all the time and makes the evil present with us.

Nevertheless, whoever got freedom from this captivity [through passing the three days i.e. the three steps that constitute the first stage] will stop committing sin because he will start being born of Spirit. Whoever is born of God does not sin because God will be the head that leads him after he gets freedom from captivity to the ego and the flesh i.e. after he denies himself and God becomes his life, ego, head and mind that will direct him. This was the image of the first Adam. God seeks, by all means, to make us pass this stage in order to bring us to freedom and to restore us to the state Adam was in when he was created. We must firstly reach this image in order to begin the task God created Adam for which is to be born of Him i.e. to become a member in Him. Now, if someone who is born of flesh wants to become in God's likeness i.e. to be born of Spirit he will be unable to because he is under captivity that makes him unable to do what he wants. But if he, firstly, gets freedom from his captivity and is restored to the image of the first Adam (i.e. if he is resurrected from the death of sin by passing through the first stage symbolized by the first three days of creation which ended up by creation of the fruits and flowers of the earth and is a symbol of man's resurrection from the death of captivity and sin) he will then be able to become a member in God. All stories in the Old Testament were denoting the third day. They were used by God to teach us that the way to reach Him is to struggle to pass the three days which constitute the first stage of the way and which is the stage of preparation that ends up by restoring one to the image of the first Adam. This means that we must, firstly, reach the third day in which we rise from death. The people of Nineveh as well as Esther fasted for three days. Abram found the place where he would slay Isaac after three days. We find the word "the third day" repeated in every story in the old testament even in the dreams of some people like the chief butler who saw three branches of a vine and the chief baker who saw three baskets (Genesis 40: 10, 16) and it happened after three days that the chief butler was released out of jail. Also, Joseph

retained Simeon for three days. There is no place in the Holy Bible where this word is not present. It is present even in the book of Acts. This is because God wants to emphasize that in order to come back to Him one must pass through **the first stage** which God called **being born of water**. It is fulfilled through three steps or three stages that God denoted in the first three days of creation. The Old Testament is a symbol of the first stage while the New Testament is a symbol of the second stage. God could not say in the first stage, i.e. in the Old Testament, "*Love your enemies*" (Matthew 5:44) because man was ill, enslaved, lost and imprisoned in Pharaoh's prisons. How would he then reach the top of Canaan's mountain?! **How can we ask unburied seeds to bear fruits?!** Loving the enemies is one of the best and supreme fruits of the Holy Spirit. It is the perfect love. God, the whole wisdom, would not be able to ask man, who became ill and captive and did not pass the first stage yet (because he was like a paralyzed and imprisoned man), to ascend to the summit of a very high mountain. But He can ask for this in the New Testament, which symbolizes a man who passed the first stage i.e. who had been cured, delivered and come back home like the prince who returned to his father's palace. I mean after he was resurrected in the third day with the Lord i.e. after he was resurrected from his illness, was totally delivered from his captivity and became no more lost because he was restored to the first Adam's image. He was resurrected after he was totally washed. There is no more captivity that makes him sin as it is written in the Holy Bible, "*But now we have been delivered from the law, having died to what we were held by, so that we should serve in the newness of the Spirit and not in the oldness of the letter*" (Romans 7:6). This means that the Bible tells us that we will be delivered from the old captivity of Adam when we struggle in the likeness of the Lord's struggle i.e. when we walk like he walked as the Bible also told us, "*For if we have been united together in the likeness of His death, certainly we also shall be in the likeness of His resurrection ... Now if we died with Christ, we believe that we shall*

also live with Him ... knowing this, that our old man was crucified with Him, that **the body of sin might be done away with**, that we should **no longer be slaves of sin**" (Romans 6: 5-8). Thus one must be well prepared to start the way in order to be able **to continue** it i.e. **to start the way**, Adam ought to begin and continue. This is the way of perfection. Therefore in order for the people who were enslaved to Pharaoh to fight against Canaan, they ought firstly to pass the first pass-over with Moses i.e. the Red Sea and to walk for forty years until Joshua, who symbolizes the second stage, comes to pass with them **the second pass-over** which is the river of Jordan. The two pass-over took place through great amazing wonders. Also, John the Baptist was a symbol of the first stage which is the stage of preparation, wash out and purification from all illness that affected Adam and every man currently born of flesh. As for Jesus Christ, He is a symbol of the second stage i.e. the man who returned to the zero point after he was born of water and his vessel became pure after his vessels became void of the old intoxicating wine [i.e. the illness that entered to humanity] which is the captivity that man seeks to be delivered from. He filled his water pots with pure water i.e. he was totally washed and thus God was able to transform **his water** (i.e. his nature that arrived to **the zero point** which is Adam's first image) into good wine i.e. into God's image. This means he became a member in the Lord who became the source of his life like the body who is the life source for each member.

- Therefore, the whole Bible talks about nothing except **the way** i.e. the two stages. We thus find that the Lord gave satiety to the multitudes with two fish which are God's satiety, richness and power that support whoever passes the two stages. Also the Bible talks about **the two Denarii** the Lord gave to every person left on the road half dead when God was the good Samaritan man who was passing by and came to save the wounded who was about to die. He is also the same, yesterday and today. He

offers His richness now to everyone which is His grace i.e. His support to everyone in order to be able to pass the two stages. It is also written that when the Lord started His service "He saw **two boats standing by the lake**" because the disciples were not able to fish anything "Then he got into **one of the boats**, which was Simon's" (Luke 5:2-3). This is a symbol of the soul **who was standing** without knowing how to start but wanted to pass the two stages i.e. the way. The lord started then to do His work with this soul who wanted to reach Him in the first stage meaning that He started to pass the first pass-over in the first stage with this soul for it is written "*He entered one of the boats*". This means that He entered with this soul the first boat of **the two boats** to support her and give her all His power in order for her to be able to pass the first stage. He, Himself, will pass with her and lead her. Therefore when the Lord sent His disciples He sent them two by two. He delivered Rahab by **two spies**. The lord delivered the donkey and the colt that **were tied** to the door of the city waiting for somebody to free and deliver them. The Lord sent the two disciples to them. Also the Lord delivered Lot by sending two angels to him. In order for Noah to enter the ark and to be delivered from the flood he ought first **to build the ark** taking one hundred years. This is a symbol of the first stage which is the perfect struggle of man in walking in the likeness of the Lord's walk who came to teach us the way to be restored to Adam's image i.e. how to be delivered from captivity. After Noah completed the ark, i.e. after he fought the good fight up to bloodshed and competed according to the rules, being a symbol of the life of Christ Himself, he was able to enter the ark i.e. to be at home with God and a member in Him. Many thought that the ark was a symbol of Christ alone. **How comes then that one can build Christ Himself?!** But the ark was a symbol of the life i.e. the struggle of the Lord that was given to us **as a model**. Noah was a symbol of a man who walked in the same way and the same life lived by Christ who is the incarnated God who came to teach us how to pass the first stage i.e. the stage of preparation,

remedy, freedom and purification. It is the stage of **being born of water** as Christ gave us **a model** to follow **His steps**. Noah is a symbol of a soul that followed the Lord's steps and walked like Him. Building the ark by Noah means that he struggled exactly like the Lord i.e. he died in the likeness of the Lord's death, thus he was able to unite with the dead Christ and became one body with Him and in Him. Therefore he was also resurrected with Christ because he walked the same way that God came by Himself and taught to us. Therefore, the ark was a symbol of Christ's life itself which was the first step that He came to teach us in order for us to be resurrected from the death of sin. That is why God ordered Noah to build the ark in a specific way. He asked him to make it with three decks: lower, second and third. He was actually explaining to this soul the way that leads her to salvation in case she implements and accomplishes it. Therefore, this soul started to struggle the same struggle taught to us by the Lord Himself. At the same time while the soul was in this struggle, the Spirit of God was growing in her little by little. After this stage, which is the first one, ends the Spirit of God becomes fully developed within man like the embryo who was fully developed. That is why he was able **to be delivered from the carnal being** in which he was living and to be in home with God becoming a member in Him exactly like Noah who **entered the ark**. At this time, the ark resembled Christ i.e. **the Spirit of God who was fully developed within him through his struggle in the likeness of the Lord's death**. All this happened because this man walked exactly like Christ i.e. he took the same way Christ took by Himself. Therefore, he became the image of Christ Himself with a long struggle that took one hundred years. **He built up this image** by taking the way to be restored to Adam's image which was taught to us by the Lord and lived by Him. The Lord simulated this way to the tower that must be built. After Noah **built** the ark, which was the symbol of Christ's life Himself, he passed the first pass-over i.e. he was resurrected like Christ who was resurrected after he took Adam's first

image. That is why it is written, "*For if we **have been united together in the likeness of His death**, certainly we also shall be in the likeness of His resurrection ... Now if **we died with Christ**, we believe that we shall also live with Him"* (Romans 6:5, 8). Therefore, Noah, i.e. this soul, after a long struggle in the difficult way in a struggle according to the rules taught to us by God, and after a full development of the Spirit of God in him, was able to become a member in God and to enter the ark from its **side** door. This looks like Christ whose side was pierced in order for us to enter to Him and to become members in Him starting the task Adam ought to accomplish. Christ is the gate through which we can go in and out, be saved and find pasture. He is the door who will save us when we pass through i.e. through His life which is the way He taught us. Through His dead body we die in the likeness of His death, we unite with Him, we become dead with Him and in Him and we rise with Him. Therefore, we start the second stage which is being born of Spirit. That is why both **water** and **blood** came out from the Lord's side as it is written, "*This is He who came by water and blood, Jesus Christ; not only by water but by water and blood*" (1 John 5:6). Water aims to purify us firstly by being baptized with the first Baptism to take Adam's first image in order to be delivered from our captivity. We are then able to enter the Ark like Noah i.e. to return back and enter into the Lord like Noah in order to become **members in Him**. After we pass the first pass-over we start passing the second stage which is birth from the Spirit in order to become members in the Lord. This is the symbol of blood that came out from the side of Christ. This means that His blood flows in all our being because we became members in His vine after we passed and came back to the zero point i.e. the image in which we were. The Lord's word says to us, "*This is He who came by water and blood, Jesus Christ; not only by water but by water and blood*" (1 John 5:6). This means that God's purpose is not to take away our sins and wash us, as some people say, but to become members in Him in order to be in His image and likeness. No one can become

member in God and part of Him while he is still member in his own flesh and under its captivity.

- If one does not accomplish the first stage, through which he is restored to Adam's image, he cannot begin doing the task God created us for. If Noah would not build the ark one would find nothing to enter as it is written, "*And when they ran out of wine the mother of Jesus said to Him: They have no wine*" (John 2:3). God cannot put His good wine, which is His Spirit, i.e. to become members and branches in His vine, while the old wine is still in the six water-pots which are the nature of the man who was created on the sixth day with animals. His source of life was plants before starting communicating with God and before God became the source of his life. Therefore, the soul had to struggle with Jacob till bloodshed seven years in order to get Rachel [which means **goat**]. She symbolizes the Spirit of God to Whom the soul wanted to unite in order for God to become her God and the head that leads her. After the soul passes the first stage, she starts a struggle for another seven years i.e. **the full struggle until she completely obtains God.**

What do we think? Is it possible for someone to enter the ark before building it?! If Noah would not build the ark how would he enter it?! There would be **nothing** to enter in as a shelter. How would he be saved if there was no a **tool of salvation**?! Let us ask ourselves: Is this possible?! Can we be in Christ while we are still slaves, ill and even enemies as *the worldly mind is enmity against God* (1 John 2:15; James 4:4) and "*The carnal mind is death and enmity against God*" (Romans 8: 6-7). Building the ark requires full struggle, struggle up to bloodshed (Hebrews 12:4) and struggle according to the rules (2 Timothy 2:5). This is the same methodology, i.e. steps, the Lord took. What a difficult walk to walk on the difficult way!! This is what the Lord came by Himself to teach us. This is the way that leads us to be restored to Adam's image. **If we do not walk like the Lord's walk and build an ark, i.e. if we are not restored to the first image by passing the first stage that prepare and deliver us**

and if we do not take His image, we will perish by all means.

All this happened because man was totally carnal, became in enmity with God and had no other way to have a real communication with God except through the Spirit of God Himself. We became now like a seed and everyone is required to bear fruits. How can one start?! Many people think as soon as they irrigate the seed with water it will immediately bring fruits. They do not know that there is an initial stage that needs a long time before the plant grows up. In order for the dead seed, which we currently look like, to be connected to the source of its life, which is water, it needs a way through which it gets connected to water because its nature cannot connect to water by itself. This way is **the root**. The root does not develop unless the seed is buried in the ground. Likewise, the Spirit of God will not be present within us unless we mortify the flesh. In this case, He will become a way of communication between us and God like the root through which life starts in the plant to help it pass the first stage, rise up and get out of the ground. Likewise, when we crucify the flesh the Spirit of God starts working in us. Hence, a real communication between us and the Spirit of God begins and a true life begins. When we begin the way and the struggle God taught us, we then start to be delivered day by day from the captivity and at the same time the Spirit of God fills us. Therefore, we must pass the first stage in order to reach the stage of bearing fruits. One has not to deceive himself thinking that he can start communicating with God the Spirit while he is still like a dead seed. He must start the difficult way i.e. start crucifying the flesh. Thereafter, the Spirit begins to be within him. This will not be achieved unless one passes the first stage which is delivery from captivity through the death of our old man who is our captivity. The seed remains for a certain amount of time under the ground before it rises up and gets out of it. This is what the Lord referred to in John 12 saying, "*Most assuredly, I say to you, unless a grain of wheat falls into the ground*

and dies, it remains alone; but if it dies, it produces much grain" (John 12:24).

- The Lord told me that the way to return back to Him is composed of **two stages**. In the first stage one has to disobey the desires of the flesh. This is the true fasting, toil and struggle in prayer too. This is **the way of restoration** of the first image in which God created man. It is being born of water. God descended to earth to live this way. He toiled the full toil in fasting and prayer. The entire Bible declares this way i.e. this toil. Jesus life is the way. The Holy Bible emphasizes and declares this way saying, "*And those who are Christ's have crucified the flesh with its passions and desires, you are that one's slaves whom you obey*" (Galatians 5:24; Romans 6:16). If the first man became enslaved to his flesh once he obeyed it, then the way of restoration and salvation from this captivity lies in **stopping worshipping and obeying the flesh**. This is the conclusion of the way i.e. the first stage. The angel shouted in heavens in the book of Revelation saying, "*A quart of wheat for a denarius, and three quarts of barley for a denarius*" (Revelation 6:6). Let humans wake up and understand what they must do. Let them read the Holy Bible to search for the wheat and barley in the entire Bible in order for them to pass the stages with God's richness which is the two dinarii and His satiety which is the two fish. This happens through the first baptism i.e. baptism with water of John the Baptist, then the second baptism which is the baptism of the Spirit. God's side was wounded and from it came out water to firstly wash us from the illness that entered to humanity then we start being filled with the Holy Spirit and become members of God and His blood flows within us. God will enrich and satisfy anyone with His richness and satiety in the two stages through which man will reach God. Barley is a symbol of the first stage which is the stage of death of the flesh whose old nature must die. Wheat is a symbol of the grain of wheat in the whole Bible and it is the second stage in which one becomes a member in God and starts growing more and more to

be filled with the fullness of God to become in His image and likeness i.e. he likens Christ who is God's image in the flesh made of dust. This is the reason that made God ask us to be filled to the measure of the stature of the fullness of Christ who is Himself God's image and in Whom we were created to exist. The Passover in the Old Testament, which was the lamb that everyone had to eat, was a symbol of the satiety of the first stage. When one starts the second stage the flesh of the Lord becomes his satiety because God has become the only source of his life as he started to walk in the Spirit. The Communion denotes the satiety obtained from God who desires to become our satiety and the only source of our life. This is achieved when one becomes a member in Him in order to become in His image and likeness. This is the purpose for which God created man. The Lord's flesh is the satiety of whoever starts walking in the second stage.

- It is also written that when the Lord went to call Peter, He saw **two boats standing by the lake** and He got into **one** of them. This denotes the chance and capability God grants to every soul in order to pass the two stages through which he reaches God's image which is the purpose He created us for. The two boats are a symbol of God's power given to every man in order to pass the two stages. Peter was one of the souls that God realized they desired to pass and they would pass. But, without the Lord no one **can start**. That is why the two boats were standing by and the Lord entered one of them meaning that **He started working with this soul in order to pass the first stage**. God did not write a single non useful word in the Bible. Every word that comes out of the Spirit of God must be a live life and a first step in the way.
- The same is found in the story of Micah's mother (Judges 17) who asked to obtain two images a **carved** one and a **molded** one. The carved image was a symbol of the man born of water after struggling up to bloodshed which was symbolized by God by a piece of stone that was carved until it gained a specific unique shape. Likewise, before we walk in the way, we had no shape.

We began to become God's image but we didn't become a member in Him yet. As for the molded image, it is a symbol of the soul that became God's likeness like a piece of mineral that is put in the fire and molded in a template to take the exact shape of this template. The molded image is the one born of the Spirit i.e. the one who became a member in God. This happens not out of his toil but in fact by the grace like the molded image made of melted mineral taking the same shape of the template in which it had been put after the curse of God was put upon us (Judges 17:2) and the two images' cost was two hundred shekels.

- Likewise, when God planned the rite of Communion, He took bread, broke it and gave it to the disciples then He gave them the cup to drink. One cannot partake of the Body and Blood in communion in the same time (Matthew 26) unless he becomes one with the Lord and a member in Him and walks in the Spirit like the hermits for whom God became the head that was leading them and the Being they lived through. The church assumes that the priest is also the image of God and is ordained in the rite of Melchizedek. God wants us to understand, get insight and take heed of the truth that the way we must take starts with an initial stage. This initial stage is the stage of the death of captivity to flesh in order to purify and deliver it. We must eat Him and take Communion of Him when we are crucified and mortified in the likeness of His death. When **we unite with Him in the likeness of His death**, we become one flesh with Him and we become as if really dead because we unite with the dead flesh of the Lord. Taking communion and uniting with the dead flesh of the Lord are considered to be the death that fulfills the divine justice. But this will not happen unless we die in the likeness of His death i.e. we discipline and crucify the flesh meaning we start the way the Lord came and taught us by Himself. Day by day, when we reach the zero point, we become completely delivered from captivity to flesh and ego and we are restored to Adam's first image. Taking Communion of the blood of Christ reminds us that we have

become members in Him and that He became the only source of our lives. This looks like the member in the body and the branch in the vine. This is what all saints did. We should not say, "These are saints!" as if they are born saints in another world having a different God!! St. Moses the Black was not born in light but he realized the truth and the way to reach it later on. Therefore, God said to all the souls that united with Him, had been restored to Adam's image and became members in Him: *O beloved friends, eat, drink and become intoxicated* (Song of Solomon 5:1). If taking Communion was not denoting the two stages one pass through, the Lord would then put the wine in the bread saying to His disciples, this is my flesh eat it. It is a natural thing that the flesh of anyone is not separated from his blood i.e. one's flesh is always united with his blood. It is clear evidence that God wants to explain to us a spiritual matter by giving to His disciples His flesh first then His blood separated from the flesh. He denotes an important issue. Taking Communion of the Flesh is the **remedy, the way and the door that bring us to God** especially that the rite planned by God's Spirit **does not allow one to take Communion of the Blood** unless he takes the Flesh first and the priest gets sure that no single particle of the Flesh is remaining. Taking Communion of the Blood is a signal of beginning a new stage after the first one ends completely i.e. after we are totally delivered from any captivity we were fallen in. God wants to say to us that His death as a man was the only way for us to pass the first stage and to be able to fulfill the task God created us for which is to become members in Him and to fully enjoy Him.

- The man born of flesh must realize the truth and know the origin of the case. God's word is the lamp without which nobody can see or know where he goes. Through God's word we will realize and see the way. Therefore, we will be able to walk in it and reach God. When one starts walking on the way he will start the birth of above and his nature will start to be changed. He will start being delivered from the captivity he was born in when he

stops obeying the flesh. Thus the Bible says, "*Having been born again, not of corruptible seed but incorruptible through the word of God which lives and abides forever*" (1 Peter 1:23). It is also written, "*Of His own will He brought us forth by the word of truth, ... receive with meekness the implanted word which is able to save your souls*" (James 1:18,21). This means that whoever accepts, humbles himself and wants to walk like the Lord, to be crucified with Him, to die and to walk the three days, like what the Lord showed to us by Himself, he will be restored to first Adam's image because he will be resurrected from the death i.e. from the death of sin that came up because of the captivity he was born in. When Jesus was a boy, He left His parents without telling them and stayed in the temple.

- First, the Bible says, "*After three days they found Him*" (Luke 2:46) to emphasize that nobody can find God i.e. feel Him and be in true reconciliation with Him unless three days pass (Genesis 1). This is the first stage through which he is restored to first Adam's image where God becomes his real god and **his only god**. The evidence that one does not reach the zero point yet, i.e. has not been fully delivered from his captivity, is that **he still commits sin** for it is written, "*For whoever shall keep the whole law and yet stumble in one point, he is guilty of all*" (James 2:10). This means that as long as one is still committing sin he is then under the law and the captivity to flesh and ego. Therefore God cannot become his god because he cannot become a member in God. How can a member in God fall in sin? This person will be like an enslaved member in a being that conducts him even if God has started to work in him like the root under the ground and the embryo who started to develop. As long as the embryo has not been born and resurrected yet, then we cannot say that he has a true being in this life. Whoever wants the truth must know it. This truth is that **no other foundation can anyone lay than that which is laid which is Jesus Christ**. This means that Jesus life is the way itself through which we can reach Him. Therefore, it is also written, "*After two days He will revive us; on the third day He*

will raise us up that we may live in His sight" (Hosea 6:2). He emphasizes that on the second day, i.e. the second step of the first stage which is the preparatory stage in which one begins struggle to crucify his flesh after he wanted on the first day to walk with God, the Holy Spirit starts to be present in him. Therefore, he will begin obtaining life. This is the meaning of the Bible's words, "*After two days He will revive us*". At the end of the third day (Genesis 3:18), on which waters under the heavens were gathered together into one place, the dry land appeared the old man died and **the one we were held by died** i.e. man was totally delivered from his captivity and he is resurrected on the third day. Also God said to Moses, "*Let us go **three days' journey** into the wilderness*" (Exodus 3:18). God wants, through all this, to emphasize that the way He walked was not for His own sake but He rather gave us a model to follow His steps. The six days of creation were symbol of the entire way to perfection and to God's image. The first three days are the first stage in which man passes from below zero to zero points i.e. in which he is delivered from death in which he was born because of the captivity that made him fall in sin and because he was still living in the flesh. But at the end of the third, day man will be resurrected from death, be delivered from his captivity, be born of water and will restore Adam's image and after that, he will continue his struggle to reach the perfection of God's fullness.

- **Second**, God showed us when he was a boy that the whole mind must be captive to the obedience of God for Whom we were created so that we do not look backward like the young man who wanted to go and bid them farewell who are at his house. Also, as the Lord taught us and His mother by saying to her, "*Why did you seek me? Did you not know that you, everybody and I must be about My Father's business?*" Jesus was not in need for salvation. He came by Himself and accepted to become a human being not filled with the Holy Spirit. This is really very amazing. Thus it is written, "*And the Child grew and became strong in spirit*"

(Luke2:40). This means that He was like an empty vessel that as much as He was in contact with God as much as He became filled and strong in spirit. **How comes that God accepts to become man but rather a boy in need to be filled?! How comes that God the Creator, who is the Spirit himself, accepts to make Himself of no reputation to that extent?!! How comes He makes of Himself an unfilled being?!** All this happened to assure us that we must follow His steps, realize the way and know how to reach Him. Thus no one would have excuse.

- **How comes that after the Creator was incarnated, made Himself man, lived the way and lived death in flesh for 33 years in order to give us a model to follow, we do not walk like He walked?!** Let us condemn ourselves!! How do we think we will answer God on the Last Day when He will ask us: *For whom was I praying?! For whom was I fasting?! For whom was I incarnated? And why?! Was I in need to live mortified in flesh?!* How will we answer Him?!!
- Let us not forget a very important thing. In the entire Bible, which is God's word that is the lamp, God told us that He came and died for the sake of the entire world, nevertheless whoever reads God's word with precision it will be a lamp and light for him. Thus he will be able to walk. The Light tells us that there is a prerequisite in order for Christ to die for our sins which is our death with Him and in the likeness of His death. **The purpose of taking the sin away is not just taking it away** but the death of the Lord is a **door He opened like His side was opened**. He did this to explain to us that He opened the door of hope for us. This means that the purpose is not just to take the sin away because there is still captivity that makes man always sin. What is then the benefit of taking the sin away while the illness, which is the Law who rules us, and the captivity are still there?! Thus the Lord showed us that the way of salvation from this captivity is the essential goal of the first stage in which one puts to death the origin of the illness that leads man to sin i.e. in which he crucifies and disciplines his flesh like Jesus who lived in a

mortified flesh. All this aims not only to the resurrection of the soul but also to the deactivation of the flesh of sin like what God's lamp told us, meaning deactivating the control and imprisonment of the captivity to man. Whoever aims at being delivered from captivity, restoring first Adam's image and beginning the task for which we were created by God, which is to be born of the Spirit in order to become members in Him and fully enjoy Him, must pass through the first stage which is being born of water in order for the Spirit to dwell in him. When God permits him to bear a certain cross, he accepts it and crucifies his own will thus the ego's authority dies as well. When he takes communion of the body of the crucified Lord, the Lord will then die for him in the sins he committed.

- The man for whom God became the purpose, walked in the way which God came by Himself to taught him, started to put the only foundation that there is no foundations other than and started to walk like the Lord, this man alone would benefit from the Lord's death because he fulfilled the prerequisite that the lamp told us about saying, *"For if we have been united together in the likeness of His death, certainly we also shall be in the likeness of His resurrection"* (Romans 6: 5,8). The Bible did not say that Christ was crucified and cleansed us from our sins therefore we became alive but said, *"I have been crucified with Christ; it is no longer I who live"* (Galatians 2:20). The Bible did not say that Christ was dead and buried on our behalf but said, *"Buried with Him"* (Colossians 2:12). Also the Bible did not say that Christ died on our behalf and thus we will be resurrected with Him but said, *"If we died with Christ (only in this case), *we believe that we shall also live with Him*"* (Romans 6:8). Why?! The Bible, which is the Lord's lamp, continues saying to us:
 - *"Knowing this that (i.e. knowing why we live like Christ and mortify our flesh) our old man was crucified with Him, that the body of sin might be done away with, that we should no longer be slaves of sin"* (Romans 6:6).

- Therefore, the purpose is not just to take the sin away but to be delivered from captivity and to become no more enslaved because captivity makes us sin all the time. What is then the benefit from taking our sins away by the Lord?! God's plan is to restore first Adam's image to man so that he becomes able to fulfill the task for which He created us. Many people lived and died without realizing all this. They were far away from God's plan saying about the Lord that He fasted and suffered on our behalf!! They did not benefit neither from the incarnation of the Lord nor from His redemption. The evidence for this is that they did not become neither saints nor perfect ones like what the Lord asked us to become. They were unable to live the Lord's commandments. Let us examine ourselves. Are those who believe that they are cleansed and renewed by the Blood capable of praying all the time?! Are they ready to forsake all their possessions to fulfill the Lord's prerequisite to become a disciple of Him as what He said, *"So likewise, whoever of you does not forsake all that he has cannot be My disciple"* (Luke 14:33). Do we do the same thing the Lord did when He washed His disciples' feet saying, *"I have given you an example, that you should do as I have done to you"* (John 13:15)? Do we have the true love that makes us really humble feeling that we are slaves of all people like what God asked us saying, *"Whoever desires to be first among you, let him be your slave"* (Matthew 20:27)? Let us examine ourselves to know whether we worship God i.e. we obey His commandments or not?! Thus we can know whether we are Christians or not. The Christian is only the one who walks like Christ. God's worshiper is only the one who obeys Him. The Lord said, *"If I then, your Lord and Teacher, have washed your feet, you also ought to wash one another's feet... Most assuredly I say to you, a servant is not greater than his master; nor is he who is sent greater than he who sent him. If you know these things, blessed are you if you do them"* (John 13: 14, 16-17). This means that whoever has no the love the Lord told us about and does not wash his brethren's feet according to the Lord commandment, he is then

saying that he is greater than God because there is no actually a servant who is greater than the master!!! When one refuses to wash his brother's feet he is then thinking that he is greater than Christ for Christ is the true Master who said that it is impossible for a slave to be greater than his master. **Being arrogant and disobeying the commandment are evidences that we are slaves of our ego rather than slaves of Christ.** God wanted to motivate us in this issue through words and deeds because of the importance of this thing for it is **the only door** that guides man to God. As God accepted to be incarnated and to live the entire way because He realized well the importance of this thing, He motivated man and made him ashamed before this amazing God who in His true love suffered a lot in order to teach us through becoming of no reputation. He hoped that after all that, man would be ashamed and would start living the way. By this, God would achieve the goal even if only one person in the entire world would live it as a response to God's love and would make God's practical life a strong motive for himself. Even if God realized that there was only one person would be motivated by this, this would then be enough for the Lord to be incarnated for His love is indescribable, infinite and incomprehensible!!!

- Did man ask himself why he was unable to fulfill God's commandments?! And why was he unable to forsake all what he had and become perfect?! Or why is he unable to do good to those who hate him and to love his brethren like himself?! Why did not he become light to the whole world?! Let us then awaken to see the truth before it is too late.
- We must remember that all the Sacraments and rites of the church that God permitted to be present are a completion of the Bible and means to help us walking on the way and they neither are the way itself nor the Bible we must live. We must watch the fact that **it is the Bible alone that we must live** for it is written, *"Only let your conduct be worthy of the Gospel of Christ"* (Philippians 1:27), and also, *"For your sake we are killed all day long"* (Romans 8:36) and we must discipline the body and bring

it into subjection (1 Corinthians 9:27). This means that if we obtain a lamp along the whole way it will be clear for us and we will always walk in light. As long as we are connected to God by continuous disobedience to flesh there will be a **continuous growth** like what was written about the Lord when He was incarnated, *“And the Child grew and became strong in spirit and increased in wisdom and stature”* (Luke 2:40, 52). This means that the way leading us to God is living the Gospel that talks about the practical life of Christ who is also the way. Whoever considers the rites to be the way may not arrive at all because they are not the true way. For example, when God told us about the way through which we complete the connection with Him he said, *“Most assuredly, I say to you, unless a grain of wheat falls into the ground and dies, it remains alone”* (John 12:24). This means that one must accept, be humble, surrender and walk like the Good Shepherd. The word *falls* denotes the man’s break of his own ego and will and his subjection to the Lord by refusing to continue in obeying his hungry flesh and by resisting it, forcing it to be crucified and mortifying it through disobeying it in order not to continue worshipping it. Also the Lord said, *“But you, when you pray, go into your room, and when you have shut your door, pray to your Father who is in the secret place”* (Matthew 6:6). Mere presence in the church, whether in a mass or in hymns, and being in communion with believers are not in fact a relation with God in the secret place because man did not shut the door on himself like the grain of wheat that died and was buried. Whoever depends only on being present in the church and practicing all the rites thinking that he is walking on the right way will be deceived for this is not the way shown to us by God himself. The way is the life of the Lord who **used to withdraw in the wilderness and pray** without gathering with His disciples in each time He prayed. He wanted to teach us that the connection between the soul and God needs withdrawal from people in order for a real connection to be effective **for this is the true Sacrament and the true rite.**

- Another important thing is that **the lord, although He is the incarnated God who made Himself of no reputation, before appearing in the image of man was himself the way i.e. His life was in itself the way for it is written that the Child grew and became strong in spirit. This means that growth must be present i.e. whoever does not grow spiritually and does not increase in stature every day is not then walking on the way.**
- **As the way was only the Lord's life, the Lord was then the ideal model for us. This means that the Lord's life He lived is the only mean He showed us through which we can reach Him**
- Whoever is preoccupied with rite, as if it is the model and the way, will never reach the goal because in a system of rites, like fasting for example, after fasting for two entire months in asceticism and continuous crying and when the feast's day comes we find that, according to the rite, no one can fast any more. That person who is forced to fast (because he is not realizing the importance of fasting and because God is not his purpose that is why he is not walking on the way), such a person will compensate **the deprivation** he suffered during the previous days and will make his body enjoy and will give him pleasure as much as he can like what the sons of Israel did in the wilderness as they were in full gluttony (Numbers 11).. Even the one who wants to walk on the way and go to the Lord, if he is preoccupied only with that rite he will never arrive because **how can he do this? Where is then the growth** if the person comes after all this fasting and gives his flesh all what it desires? If this person says, I am walking on the way he must know then that the way is the Gospel which says, *"For your sake we are killed all day long"*. The Bible did not say mortify your flesh for a while then return again to obey your flesh. Any written word in the Holy Bible is a life that must be lived continuously and not for a specific period. For it is written, *"I discipline my body and bring it into subjection"* (1 Corinthians 9:27)... This does not mean that one disciplines his body for a while and then he regresses by obeying him. This has nothing to do with growth at all but it is regressing back to a point far away from the point of beginning. Whoever does not walk on the way, i.e. the one who just fasts to obey the rite, is only forced to fast. Therefore, fasting will

engender in him gluttony and strong desire to the pleasurable food he was deprived from. This person who does not walk on the way and is forced to fast, when the day of breaking the fast comes, he will feel gluttony and desire to food that he never experienced before. Fasting will engender it in him. Therefore, fasting and rite become for him **a regression rather than a growth**. This means that rite becomes a **curse rather than a blessing**.

- Where is then the growth when a person continues for years and years to live under the rite, when fasting comes he fasts and when breaking fasting comes he breaks fast? Fasting for a person who does not walk on the way will be a mere change of food and stopping eating meat; and as long as he does not realize the importance of disciplining flesh and crucifying passions and desires, i.e. he does not understand the case, then it will be a very natural thing that he will try by all means to make the vegetarian food more delicious by adding spices and dressings that make food delicious exactly like the non-fasting food. I mean by making it delicious he finds it pleasurable as if he is eating meat. **Where is then this growth which is one of the criteria of the way that leads to God, this way that God lived by himself? Where are the words of the Bible that we must live all the time? Where are the strait way and the narrow gate in the eyes of those who do not walk on the way, I mean those who do not walk in the likeness of the Lord's walk and all those who do not live the life that God came by himself to live and show to us? Where are the Bible words that say, "Let no one judge you in food or in drink or regarding a festival or a new moon or Sabbaths" (Colossians 2:16)? Do those who walk according to the rite and think that they are walking on the way realize that they became slaves to rites and they are falling under a law that condemns them? The evidence of this is that there is no growth at all in their life. Rite is not the way because God did not live in such a way. But rite is a wonderful way that helps the one who wants to walk on the way especially in the beginning of the way because a beginner cannot continue fasting without stopping since the beginning. But when this person practices rite, then the rite forces him to fast for a long period. But if he remains in such a state for 10 years, i.e. when fasting comes he fasts and when breaking fasting comes he regresses by obeying and**

worshipping his flesh, **he will never grow up**. But the one who wants to come back to God will ask God and God will open his mind and will give him understanding that there is a way through which he can return back to Him and there are specific means and struggles that deliver him from his captivity. This way is the one the Lord lived and about which it is written in the Bible, "*Christ was put to death in the flesh*" (1 Peter 3:18). The way is actually **crucifying the flesh with its passions and desires; and this is the door of the beginning**. Of course this person must live the Bible in a continuous way if he wants to continuously grow. This is the way as long as Christ was continuously growing. The Bible, which is God's words, tells us that **the life of Christ can be only manifested in our dead flesh**. So, it is a must that we always **surrender to death**. Every person must know that any delicious or even palatable food will stimulate his saliva. This saliva, which God managed to make present in the entry of man, i.e. in **his door**, is the way through which man will show whether his worship to God by stopping obeying his flesh and stopping giving it whatever he desires or his continuous worship to his hungry flesh. When one gives his flesh any pleasurable thing, even if it is minimal, he is then obeying his flesh and worshipping it.

- But what happens in the body of man?! **When one gives his body any delicious food this saliva will then start to be secreted. This means that the salivary gland will secrete this fluid once one tastes any delicious thing. This saliva, which is a viscid fluid secreted by salivary glands, will go into man's body and will be the cause of all corruption and the beginning of ruining everything.**
- This is what happened to Adam. Once he took a bite from the fruit that was pleasant to the sight **his nature has been totally transformed**. Few minutes before, he was an innocent child who was unable to realize any of the carnal issues. But once something delicious stimulated his salivary glands his saliva was secreted and started to be poured in his body. This was what made Adam hungry. I mean that he became at once in a bitter captivity. He started to feel how flesh feels because he dwelt completely in it as flesh is always in an infinite hunger because it is void of God. Therefore, Adam started to feel hungry, his eyes were opened and he started to know Eve.

Therefore, when saints wanted to come back to God, He opened their mind to see the way, i.e. **the way to come back**, meaning the way of a struggle which will restore us to the first pure image of Adam when he was free. This is the way that God came, was incarnated and lived by himself to show us what is the image of God and what is the way to reach this image i.e. to show us the way to reach the goal for which God created man. This way God lived by Himself and he was put to death in flesh in fasting up to the highest degree of disciplining flesh i.e. putting it into subjection. The Lord remained in the wilderness for long days in order to teach us that we also must not give the flesh any pleasure because when we give it a rest he revolts against us. This revolution comes about when saliva is poured into it, increasing its hunger towards any other thing making it seeking with all its power to satisfy its hunger through its five senses. It seeks satisfaction either from the side of food in order to satisfy the sense of taste, from the side of any other flesh to satisfy the sense of touch or the side of any other flesh to satisfy the sense of sight through which he seeks to satisfy all his hungry being. Therefore, the Lord said to us in his reviving words that the one who refuses to come back to God excused himself saying, *“I have bought five yoke of oxen, and I am going to test them”* (Luke 14:19). These are the carnal senses of man who became in a complete hunger like an animal’s nature. This man wanted to go to test everything in the world i.e. to satisfy every sense through it. He even sought to double his testing of it that is why he said five yoke of oxen. Thus the Lord showed us the remedy by living the way by Himself and He commanded us to **discipline our body and bring it into subjection.**

- **Why?** It is written, *“While we are at home in the body we are absent from the Lord”* (2 Corinthians 5:6). This means that as long as man still lives in the body and the body is the being where he is at home then the body will remain his god that rules him. The man will then be estranged from God and even will be in enmity with Him. It is also written, *“For if you live according to the flesh you will die”* (Romans 8:13). The Lord means by *according to the flesh* according to its rules, law, judgment and captivity. If man remains dwelling in the flesh which remains his god who rules

him he will then remain committing sin and evil will still be **present with him**. Thus the result will be that he will bear fruits of death because it is also written, "*When we were in the flesh*". The Bible means that we were dwelling in it meaning that it remained the god that ruled us. Therefore, all our deeds would be according to the will of this hungry flesh. Then all our deeds would be sin. When we were in the flesh all passions of sin were present **according to its law**, i.e. it **ruled and controlled us**. Its authority worked in all our members and the result would be, "*to bear fruits to death*" (Romans 7:5). Therefore the first step and the first stage we ought to seek is salvation from captivity through stopping obeying it in anything it desires or wants i.e. stopping worshiping it in order to be able to start worshiping God because man cannot worship two masters at the same time. A member cannot dwell in two bodies, i.e. in two beings, at the same time and remains capable of living and moving by them both.

- Those who already desire to be in Christ **must crucify the flesh with everything it desires or wants**. Salivary glands start to secrete saliva not only when man gives his body, i.e. the sense of taste, any delicious food but also once man smells its odor. This made God warn us, "*Keep your heart with all diligence*" (Proverbs 4:23). God enlightened us with His lamp when He told us that the fruit was pleasant to the eyes and that once one looks at delicious food he starts seeking to eat it even without movement, meaning that even if man does not go to reach that food saliva will start to move in the beginning. Thus we realize the importance of God's advice to us when he said, "*The heart is deceitful above all things...Who can know it?*" (Jeremiah 17:9). That is why it is written, "*Keep your heart with all diligence*" because Christ's life does not manifest **except in a dead flesh** (2 Corinthians 4:10-11). Therefore, God started His words in the New Testament by saying, "*Do not worry about your life, what you will eat or what you will drink; nor about your body, what you will put on*" (Matthew 6:25); "*For all these things the nations of the world seek*

after ... But seek the kingdom of God, and all these things shall be added to you" (Luke 12:30-31). He therefore started His words in the New Testament by this saying because when one feeds his body in the beginning of the way through any food that is not delicious, i.e. when he disciplines his body and crucifies it in everything it desires, the saliva stops. This is evidence that this person started to stop obeying his body and therefore he stopped worshipping it. Whoever did not start to stop obeying his flesh, especially the sense of taste, he did not start yet the way because he did not enter through the door. Crucifying the flesh is **the door of the beginning**. Whoever did not enter through it, did not start the way yet like the seed that was not buried and therefore did not start growing, i.e. life did not start in him yet.

- **Therefore, the seed that is not buried yet did not start the way through which it can become a full tree bearing all fruits.**
- **Whoever did not start stopping obeying his flesh by crucifying it to anything it desires, especially the sense of taste, i.e. he did not start in mortifying his flesh meaning crucifying his flesh in whatever it desires and wants, he did not enter through the door yet meaning that he did not yet start the way that leads him to God.**
- Man who did not start true fasting, which is crucifying his flesh, did not enter through the door yet.
- **Whoever did not enter through the door till now did not yet start the way.**
- Saints walked in the same way Christ walked. Therefore, they were filled to the whole fullness because they were always in contact with God. This is the way that leads us to God because they struggled to fulfill the prerequisites of being in contact with God. Whoever wants to walk in the truth must focus on the real purpose. The purpose of practicing any rite must be to reach God and to help us on the way that leads us to this purpose which is filling our temples with God. Rite is neither the goal nor even the way. It is not the only way but a helping tool that

one can discard it if he succeeds well to fulfill the task. The goal is to become full of God. The mean to reach this goal, i.e. the way to this goal, is putting man's flesh into subjection by disobeying it in anything it desires and struggling in prayers. This is the way itself. The rite alone is unable to offer us the way, i.e. the rite is not the exclusive mean that leads us to God. **The way is disobeying the flesh in anything and struggling in prayer that must be secret.** The ultimate goal of the Holy Bible is to assure us that we get our salvation and reach God through this and that this is what God did by Himself. If man can practice this mean, i.e. if he can walk the way without help, he then walks by himself the way that God, all saints and hermits who reached the highest levels of sanctity walked. This way is the first stage that raises us up from the dead and from death in which we were born.

- The captivity that makes us sin is the old man that we must crucify with the Lord. This happens only when we become united with Him **in the likeness of His death** i.e. as He taught us by Himself that we can conquer death by this death through putting to death our carnal lusts and our ego and by being delivered from their captivity, disobeying them and forcing oneself to pray. This is how we can conquer death in which we were born. This is the entire way. All the rites are nothing more than helping tools for us that help us to walk on the way. They only help whoever starts to walk on the way i.e. who just started to die in the likeness of the Lord's death by stopping obeying and worshiping his flesh. Only the person who starts the way by putting to death his flesh in the likeness of the Lord's death is the only one who gets benefits from this rite. Rite was planned by God Himself as nothing in this world can happen without His permission. What many people did not realize is that rite looks like the strong fertilizer and like the sun's warmth and the atmosphere that surrounds the seed helping it to grow up. What do you think about a man who did not bury the seeds in this ground which contains the fertilizer and all the helping

circumstances? He will surely benefit nothing like thousands of people who attend the church without walking the strait way. They do not even know God and are still worshipping the flesh, the ego and the world. How they deceive themselves thinking that they are worshipping God? No one can worship two masters. The evidence is very clear that you do not find another St. Paul or enlightened people who are shining now in the image of God on earth. The strait way is the base which is dying in the likeness of the Lord's death. I wish you wake up before it is too late. Even Christ's flesh and blood which is like the reviving water will not help seeds which did not die and was not buried. Therefore, you find thousands of people practicing the rite of taking communion as a mere habit and just as a practice rather than as a life of dying with Christ. Therefore, they do not live the life of satiety with God and through God. Everyone must ask himself if he became in the image of God. Does he bear the fruits of the Spirit like love for enemies? Does he shine with the light of Christ in the entire world? Can he obey God in all commandments like for example selling all his possessions or praying all the time? As long as man cannot obey God's commandments then the golden divine rule in the Bible, which is *you are that one's slave whom you obey*, will apply.

Everyone must stand before the mirror everyday to see his state and to find out where he is. Didn't you hear about the mirror till now? It is written, "*But we all, with unveiled face, beholding as in a mirror the glory of the Lord, are being transformed into the same image*".

You have no excuse, my children, in being ignorant of the way. There is no excuse, my son, in not understanding the way and in not reaching the image of God. Remember that on the Last Day people will come to the Lord saying, *we ate and drank in Your presence* (these are the servants taking only the form of servants. These are the servants of the altar and the church, and the

preachers who were working for salary. They are many people who think that it is enough to give the tithes and practice rite without having the minimum relationship with their God without walking the narrow way which is the only way that leads to life). All these people who did not live the Gospel have no excuse in their ignorance of the truth. They mixed the goal with the way and were fanatic to their denomination saying that we alone possess the truth and we alone are God's sons. Therefore, ask for the light from the God of the light to become the sons of the light before it is too late.

- Do not forget what is written, *“Put on the whole armor of God because those who are in the flesh cannot fight. Though we are in the flesh yet we cannot fight according to the flesh because our armor must be spiritual as long as we will wrestle against principalities and powers of darkness”*. How comes that a man, who is in the flesh, can fight against a devil who is a spirit as it is written, *“If the righteous one is scarcely saved”*? I wish you remember the life of saints who were in a fully struggle. Ask yourselves, Why did they struggle this entire struggle and toil all this toil about which it is written, *“They wandered in deserts and mountains”*?
- O son, I hope that the whole world remember the truth uttered by the Lord Himself when He said, *“Narrow is the gate and difficult is the way”*. He did not say that the gate is just narrow. The mere love of money makes the gate like the eye of a needle and makes man in the size of a camel. The Lord did not say this to make you frustrated, upset and scared. He rather wanted to motivate you. He said that the way is so difficult because it is long, yet very guaranteed because the Lord is the way Himself and He will perfect, establish and settle you as His Yoke is easy when you taste Him.
- Ask yourself: Are the words *narrow* and *difficult* apply on practicing all the rites?!! The way starts with a so narrow gate and with a prerequisite of resistance to bloodshed. On the contrary, practicing rites like for example taking communion or baptism does not involve resistance to bloodshed. It is not a narrow gate like the eye of a needle. There is no any type of toil, suffering or pain in practicing it. This is the sure evidence that

rite is not the way i.e. it is not the difficult way that leads **to life**. How comes that the entire world forgot the truth and light that God came to live and say by Himself?! Where is the Gospel now as a vivid life?! Where is the life of Jesus?! Are these words obscure and unintelligible my son?!!

- The Lord's word is the truth itself and is like the two-edged sword that pierces to the joints and marrow, the whole armor of God. This word says, "*He who loves his life will lose it, and he who **hates his life will keep it for eternal life***". Therefore, you have to ask yourself: Is practicing all the rites everyday is a way to hate one's life that engenders a feeling of being entrapped in the eye of a needle and of resisting up to bloodshed?! Examine yourself to see if after practicing all these rites you can forsake all your possessions, love all your enemies, pray for them and pray unceasingly?!!
- For example, the rite of Communion is not the life of getting satiety from the Lord. The most important is that it is neither the life of mortification nor the cross. Practicing rites does not mean that one becomes crucified, mortified, dead, slain and united with the Lord. But the rite itself just augments the faith of he who starts the way. When we partake of the Lord's flesh and blood we get sure that we become united with Him i.e. our union with Him is like the death that satisfies the Divine justice because we become united with the dead body of the Lord and thus our sins are taken away. The rite helps to increase our trust that we have already united with the Lord's body and that He has taken away our sins. Nevertheless, **the rite is not the way itself** because the way is composed of our toil to disobey our flesh i.e. not to worship it. This is the only way through which we are delivered from the origin of the illness that makes us sin which is the captivity. This is the way the Lord came to live and gave himself as a model to us. If the rite is the way then the Lord would, from the beginning of His ministry, ordain priests, set liturgies, start to pray every day with His disciples, take Communion with them, feed them and say to them this is the way through which you can reach Me and you must do this. But the Lord did not live like this. He did not struggle in such a way but He just **withdrew in wilderness and prayed**. He emphasized that this kind (i.e. our old nature) can come out by nothing but prayer and fasting. This is the only way through

which we restore the image of the first Adam in order to pass the first stage. The Lord said, *“For I have given you an example, that you should do as I have done to you”* (John 13:15). The Bible said and emphasized that the Lord lived mortified in flesh leaving us an example to follow His steps. **It is an example of the toil and struggle that lead us to Him. This is the way itself.**

- St. John the Baptist did not live according to a specific rite yet he reached the degree of the greatest among those born by women. St. Paula, St. Karas, St. Hermina, Abba Nofr, St. Marina, St. Mary of Egypt and the majority of hermits did not live according to rites. All of these saints walked the way which is the Lord’s life itself though some of them took Communion at the end of their lives. Nevertheless, some others never took Communion like St. John the Baptist, St. Paula, St. Karas and a lot of fathers who along the period of their struggle never practiced rites. God wants to assure us that these rites help those who walk in the difficult way which is the only way leading to life.

- **The way that leads any man born of flesh to God is stopping obeying flesh i.e. worshipping flesh. Thus, the first commandment God gave to man was eating not from a specific tree. The commandment seemed outwardly to be forbidding him from eating a fruit but it was in its essence disobeying one’s own will and disobeying flesh. This is the way which is disobeying any other being because man becomes enslaved to whatever he obeys, *“You are that one’s slave whom you obey”* (Romans 6:16). God wanted Adam to worship Him by worshipping not any other being whether Eve, his flesh or his own will. This is the beginning of the way to worship God. We were born enslaved to the flesh and day by day the flesh of sin vanishes i.e. the control and authority of flesh on us diminishes. At the same time, one must struggle in private prayer to God. In such a case, he resembles the seed that had been buried. God will start working in him and be present within him by His Spirit like the embryo that starts to be present. When man partakes of the Lord’s body he unites with the dead body of the Lord and his faith that he became united with Him increases. This is considered to be the death he experiences because he became one flesh with the Lord as he was crucified with Him i.e. he crucified his flesh to any**

desire or lust. He also walks on the way shown to us by God and thus he starts to die in the likeness of the Lord's death. Day by day the flesh of sin is abolished i.e. the captivity to the flesh. When God permits that he suffers any humiliation or illness he then starts, through the Holy Spirits that fills him, to realize that when he accepts God's will and refuses to complain i.e. when he denies his own will the authority and enslavement of the ego will also die. Therefore, the root of illness will die. By continuously remaining in contact with God, what he was held by dies and he will be totally freed from the captivity he was born in. Thus, he will return to his purity like Adam. I mean he will be born of water i.e. he will pass the first stage and will come back to the zero point i.e. he will come to the image of Adam when he was created. By continuing praying, he starts to be filled with the Holy Spirit i.e. God will start to be the head that guides him and the only source of his life. By being filled with the Holy Spirit through continuous contact with God he becomes satisfied with Him. From the first day he starts to crucify his flesh, the Spirit of God starts to dwell in him. By forcing himself to true fasting God starts to give him satiety. Day by day, and after he is totally delivered from the captivity to flesh and to ego, God becomes the only source of his life after his flesh was the origin of life to him and his ego was the head that guided him as he was dwelling in flesh. After he starts dwelling in God by reaching the image of first Adam God starts to be the source of life to him and he starts to live like heavenly people and according to the state he will live in heaven. This is how all our saintly fathers behaved. God became all their satiety like St. Pishoy the Perfect Man who spent many years without food or drink because God became the Being he dwelt in and the only source of life to him. This is the whole way to the eternal life.

- After this vision in which I have been told all this by the Virgin I woke up but I became a different person. I remained for days and weeks as if I was not belonging to this world. First, I kept trying to collect my mind to understand again every word I heard in order to write it down. God already gave me this memory and this grace and no single word was missed. I then started to plunge into every word. No one spoke to me before with such depth. These are the words of eternal life with all their depth and secrecy. It is the way with full clarity. I remained astonished for many days.
- After few months, I desired to know more about the three days that symbolize the practical struggle to reach resurrection on the third day. I also desired to know the place of this in the Holy Bible whether from the side of symbols or from the practical side. I prayed for days and finally I was answered. I felt the same feelings that I felt on the day of the miracle as if I was getting out of myself or as if my soul was getting out of me. I remained asleep, or rather dead, for a whole three or four days. I saw myself in the same palace in which the Lord was present in the first time and in which I saw myself in the first time. I saw the Virgin in the same place in the beginning. She was looking at me as if she was waiting for me. She was holding in her hand the same picture she was holding on the day of the miracle which the picture of the Good Shepherd. I said to myself, is there no other picture in the palace except this one?! The Virgin smiled because she knew what I was thinking about and she made a signal asking me to approach her. She then asked me to sit down in a place on the wall of the palace. It was like a sofa made of marble and she said to me:

The picture of the Shepherd is the way itself. It is also the Gospel as well as the life I lived because I remained like the sheep wherever the King took me I went denying myself. That is why the King brought me here and through His grace I became a member and a part in Him and I became one with Him. I am not me. I am not the person born of flesh about whom the Bible spoke. I rather became a new creature i.e. I acquired a non human nature. This issue is hard to prescribe and explain to your mind. However, I am not the same lady who was in Bethlehem of Nazareth. But actually who speaks with you now is God who dwells in me. You will understand this later on. The

person named the Virgin Mary had already perished. She is no more present as regard her ego, emotions, and all the bonds of human feelings. I am no more me by all measures and meanings like what the Bible said. I became now part of the infinite Spirit of God i.e. I became a member in Him, not me alone but also whoever becomes a member in Him. We became one flesh i.e. one being which is God's being. While you talk to me now every saint, like Elijah, Daniel, Elisha, or St. Shenouda the Archimandrite, feels us. All of us became one. We are no more a group. We are no more human beings i.e. autonomous beings. Actually this is the purpose for which God created us. As every one of us was preoccupied with this purpose with all his heart, with all his mind and with all his strength during our earthly life i.e. during the period given to us as a chance to choose, we became now one in God. Through the grace of God we achieved this purpose because we realized how we ought to die, be crucified and be estranged from this flesh in order to take off the old man and live no more in flesh. Our outward man, which is the carnal nature in which we were born, perished and we became capable to be delivered and to dwell in God after our soul was released like the embryo which gets out of his mother when he is fully developed. This looks like the bird which gets out of the egg when his development is completed after a period of growth and a long toil. We were able to dwell in God and to be born in Him. This is the actual meaning of the Bible's words, "*to be in Him*", "*to be born of Spirit*" or "*to be born of God*". Every one of us, including me, was an autonomous being separated from God, living and moving by flesh to the degree that if he would not feed his flesh he would die because flesh was the source of our life. Before that, I was not living like the heavenly people and I did not become a member in God yet. But after God opened my mind to see the purpose, and after I knew the way leading to this purpose I started struggling to be estranged from this flesh and to be delivered from captivity. At the same time, the Spirit of God was growing in me like the embryo which develops before he comes out to life. I struggled, walked for three days and died with Christ i.e. my old man died because he was crucified with the Lord. I was resurrected with Him i.e. the Spirit of God present within me was resurrected. I mean that the development of the Spirit of God in me was

completed and this made me capable to become a member in Him. My struggle took two aspects. The first one was to be delivered from captivity through fasting, repentance and contrition. Then the second aspect was struggling in continuous prayer in order to develop the Spirit of God within me. At the end, God resurrected me after He delivered me. Therefore, I became a member in Him, not only me but also all those who struggled with me.

Whoever did not understand because he did not ask and remained all his life in the flesh lost a huge loss. He even lived without life. He lived in death as long as he lived in flesh as it is written, *"For if you live according to the flesh you will die"* and also, *"Those who are in the flesh cannot please God"*. This refers to those who remain living with this flesh without understanding the purpose, without benefitting from God's incarnation and without benefitting from the life given to them as a chance to reach this purpose.

- The words of the Virgin were for me like the sunlight that shines in a void dark land because I never heard before this truth in this way which is a reality. At this time, a real light actually appeared inside the palace and was transformed into the King. I saw the King in front of me in a far high upstairs place. He was like the first time I saw Him when I ascended to Him and gave Him a hug. He made a signal to the Virgin and to me to go near to Him. I went to Him quickly and became frozen in my place while I was gazing at Him. The Virgin came and prostrated before Him and I did the same. The Lord was standing in front of an open wall in the palace like an open window that was 15-20 meters wide and 5 meters long. This opening looks on an extended very beautiful green land that made me feel that I never saw colors before! I saw far away a chain of wonderful mountains that had different colors like light pink, light scarlet, light purple and light gray as if precious stones like diamond were scattered all over the mountain. I was as if I have never seen colors before. The green land was divided into two portions. A small river was flowing in its midst. The river width was 2-3 meters. The Lord then said to me: This is the heavenly Jerusalem and these mountains are the greatest saints. I created man to be part of Me, the Unlimited, but because you did not experience this thing you found difficulty in understanding it. I

said in my last prayer as a man to teach you what you must say, *"I want them to be one just as We are one"*. I became the Mind that rules all these saints. As they accepted to fully deny themselves, they became tools in my hands wherever I moved them they moved. They felt nothing in this being except what I exactly feel. They felt nothing except my sorrows and my joys. I became their entire life. This is what is written, *"For to me, to live is Christ"*. When a member of your body suffers when injured, you find that all your body suffers too because he feels the same pain the suffering member feels. Likewise, all saints became members in me like dissolved sugar in water. One cannot see sugar after it dissolves as it has no more an independent autonomous being. It totally disappears as it becomes one with water. A lot of people lived and died without realizing this fact which is the true purpose you were created for. This happens because many people do not ask. This is the mystery St. Paul denoted when he said, *"You may understand my knowledge in the mystery of Christ"* and also when he said, *"That Christ may dwell in your hearts through faith... that you may be able to comprehend with all the saints what is the width and length and depth and height to know the love of Christ which passes knowledge; that you may be filled with all the fullness of God in order to reach the measure of the stature of the fullness of Christ"*. Actually, this is the goal and I wrote about it in Ephesians 3 and 4. Even the word Ephesians means [the full purpose and the ultimate very beloved goal to me] because the entire Epistle talks about a certain meaning i.e. it explains the way in a certain manner that adopts a certain case in order for you to finally understand the whole issue. Whoever asks will take and according to your desire to be filled with Me I will give you until you reach the image of God and His likeness. The meaning of "My likeness", which is the purpose, is to be like Me in everything although I am unlimited. Nevertheless, those who were in the Spirit, i.e. those who became part of My infinite Spirit, became an image of Me like any member in a body that takes its nature. Likewise, whoever becomes a member in me takes my nature. This is the purpose for which I created you. Unfortunately, what makes me so sad is that a lot of people did not inquire about this image that I want them to be in and how to achieve it. Therefore, a lot of people lived and died without understanding. Thus, they did not struggle and did not arrive.

Everyone ought to ask why I fasted 40 days?! Actually, I wanted to show you the ideal image as a practical life that I desired every man to live which is living not in flesh but living and moving with My Spirit. How comes that till now you trust that a plant created by me will give you life? How comes you do not understand and trust that the creative power of My Spirit is capable to give you life so that you live with My own Spirit?! Of course this can be achieved through struggling up to bloodshed as it is written; which is the struggle in the narrow way i.e. growth in My Spirit. I showed you this by Myself when it was written about me, *“And the Child grew and became strong in spirit”*. I showed you by Myself how to struggle in a practical way in order to reach this image i.e. this nature by walking in Spirit and making no the flesh the source of your life. This can be achieved after you are delivered and estranged from the flesh in which you were born and living in and through stopping being dependent on it as a source of life and forcing oneself in prayer and fasting because through prayers you become filled with me. My Spirit begins to fill your spirit’s vacuum and therefore your flesh also begins to be satisfied as it is one being with your spirit. Man then starts reducing his dependency on the flesh as a source of life, and day after day your outward man perishes. How comes then that a man who still lives in the flesh and by it thinks that he can become a member in Me, the Spirit?!

- When the Lord said this, He looked at me and put his hand on my shoulder saying: There are a lot of things you did not know yet but I will explain them to you gradually. Also, as much as you ask you will be given and I will grant you a lot of graces. I am standing at the door knocking and begging but this does not mean that I expect to take something from you, because you have nothing, but in fact I beg for a look from you, a desire and a will so that I give you all the wealth which is life in Me. The measures of My love to you are that I stand at your heart’s door begging for a look from you i.e. I seek that you look at Me so that I give you the entire life because I know your good as I created you to find the full joy and satiety in Me. Whoever does not come to me will die. Therefore, I stand during your entire life saying, *“Open for Me, My sister, My dove, My perfect one”*.
- You cannot understand everything concerning the way now as it is written, *“The Child grew in stature and wisdom”* but today I

will make the Virgin continue what she started to explain to you about the way because you asked for this.

- The Lord stopped talking, closed His eyes and turned into light then He disappeared while putting His hand on my shoulder. I felt severe sadness but the Virgin said to me, "You cannot be with Him all the time as seeing Him is a grace He gives to you to make you taste His beauty to attract you to Him but you are not ready yet to be present in His presence all the time. He also wants you to walk in faith. The disciples lived with Him in flesh on earth and walked by sight. Therefore the Lord said to them, "*It is your advantage that I go away*". The Lord wants you to walk the entire way by faith and Spirit. He pushes you to run the way to search for Him in order to reach Him quickly. I want now to answer your question about the first three days that lead to resurrection. Everything is explained in the Bible in a very precise way but the scripture is sealed with seven seals. Nevertheless, whoever asks the Lord will open its seals for him. He will then discover that everything was written in front of him but he was like a blind one having the sight but not the insight.
- The Lord had explained the entire way in some situations and parts of the Holy Bible. For example, the six days of creation have a full precise explanation about the entire way and the entire Bible i.e. they are a summary of the entire Holy Bible. In Noah's narration the Lord explains again the entire way. Building the ark which was composed of three levels was the three days leading to resurrection. Painting the ark with tar from within and without is the prerequisite to be prepared for the way. Also, Joseph's life, dreams of Pharaoh's beaker and butler are the entire way. Buying the grain with silver, sheep and land is also the entire way. The conflict between David and Saul in First Samuel is the conflict between the flesh and God's Spirit. The conflict between David and his son Absalom and all his enemies is the conflict of man with his emotions, ego, flesh and all those who surround him and this is the entire way. I will start explaining to you in details the first three days of creation.

"1 In the beginning God created the heavens and the earth. 2 The earth was without form, and void; and darkness was on the face of the deep. And the Spirit of God was hovering over the face of the waters. 3 Then God said, "Let there be light"; and there was light. 4 And God saw the light, that it was good; and God divided the light from the darkness. 5 God called the light Day, and the darkness He called Night. So the evening and the morning were the first day" (Genesis 1:1-5).

- God knows all His children with all their levels since the beginning. Therefore, He put everyone in the suitable time, place and position because He knows the souls He created.
- When God created man He gave him a totally free will to choose for himself the way he desires whether the way of sanctity, evil or all spectrums between both. Out of His love, He gave him all commandments and said to him, *"For this commandment which I command you today is not too mysterious for you, nor is it far off. It is not in heaven, that you should say, 'Who will ascend into heaven for us and bring it to us, that we may hear it and do it?' Nor is it beyond the sea, that you should say, 'Who will go over the sea for us and bring it to us, that we may hear it and do it?' But the word is very near you, in your mouth and in your heart, that you may do it"* (Deuteronomy 30:11-14). [It is meant by the heavens and earth all the spiritual levels that man can reach and were put in front of him by God. He has the freedom to choose the earth that was not put in pleural because God is not preoccupied with levels of evil which are equal for Him].
- The instructions given to us by God in order to reach perfection do not start from zero point but from under zero to the infinite. He did not write instructions to reach perfection for a man who would start from the first stage but wrote them for an evil man that no human mind can imagine his wickedness. Even if one lives in evil and hopelessness and begins with God step by step he will surely arrive like how the Lord raised Lazarus from dead after there was a stench as He is the resurrection and life. All what the Lord asked man to do is to take away the stone i.e. to remove all obstacles that hinder reaching to God like **the stones of offence**.
- It was said that the earth was without form. This was out of sin that affected man who was created in God's image and likeness. This image is beautiful, pure according to sanctity of His temple. The Bible reminds us that *sin has cast down many wounded,*

and all who were slain by her were strong men. He did not say that they were slain by sin because they were weak but rather because they were strong and were not watchful. Gradual development of evil within man brings ruin. This word is used to prescribe a house destructed by fire or flood and ruined by them. Likewise, David was a saint full of God but he did not take heed to watch his relationship with the Lord. Although he was like the cloud he became lukewarm, fell down on the ground, became a mud and was ruined and destructed by sin. This is the meaning of *without form*.

- The word *void* means that sin made this soul void of the Holy Spirit, His work and any goodness. The Holy Spirit is like a fire that when one abandons it he becomes quenched. Therefore, the Holy Bible says, *“Do not quench the Spirit”*. The man ruined by sin cannot do good as he becomes void of the source of goodness. He cannot bring fruit because he is empty and void of life.
- *And darkness was on the face of the deep.* God is the source of light and He is the light of the world. Whoever walks another way will walk in darkness. The deep is the union of water with earth 50 % each. It is composed neither of full water nor of full earth. It is a mud or a deep in which anything can plunge. This deep is inconvenient to construct buildings, walk or plant.
- This is the image of man who, in his foolishness, abandoned God and got away from Him and His way. It was a sure end for him to become a void, without form and dark earth. But *as the heavens are high above the earth, so great is His mercy toward those who fear Him.* Despite all these states man reached yet *the Spirit of God was hovering over the face of the waters.* He, in His compassion, left heavens and His throne. In His purity, justice and wisdom He could not dwell on earth. Therefore, He dwells between heavens and earth. He is ready to convert whoever calls upon Him like how He converted Moses the Black and Mary of Egypt.
- The Bible said He *was hovering over the face of the waters.* He stands before us all these years waiting for a look from our side as if He is begging. Jeremiah asked with sad suffering heart saying, *“Why should You be like a stranger in the land, and like a traveler who turns aside to tarry for a night? Why should You be like a man astonished, like a mighty one who cannot save? Yet You, O Lord, are in our midst, and we are called by Your name”* (Jeremiah 14:8-9).

- He asks in wonder why God accepts such a situation in which He is like a stranger waiting for someone to accept Him in his house as a traveler who turns aside to tarry for night because He has no shelter, *“But the Son of Man has nowhere to lay His head”*? This means that neither the world nor His children received Him in their hearts (He really had no true house to tarry at night). Therefore, the Lord asks us, *“Look to Me, and be saved, all you ends of the earth”* (Isaiah 45:22). He waits for our entire life. He looks at us with His compassion supplicating us to look at him. Although He is the almighty God, yet our salvation cannot be achieved against our will. This salvation is God’s will to save everyone. He is the King of kings whom angels fear and the entire heaven is impure in His sight. He accepted to take the image of man and is begging us for the sake of our salvation.
- God assumes that the ruined earth desires to live with Him, get rid of sin and restore her first image in order to live in light as this is the natural state of any wise intelligent man that finds himself destroyed by sin. Our heavenly Father desires that we return back to Him. Therefore He says to us, *“Return to Me,” says the Lord of hosts, “and I will return to you,”* (Zachariah 1:3), *“Now, therefore,” says the Lord, “Turn to Me with all your heart, with fasting, with weeping, and with mourning.” So rend your heart, and not your garments; return to the Lord your God, For He is gracious and merciful, slow to anger, and of great kindness; and He relents from doing harm”* (Joel 2:12-13). We only have to return to Him and then He, as the Holy Bible said, will say, *“Let there be light”* as He is almighty and capable of sending darkness away. We can do nothing like what He said, *“For without Me you can do nothing”* (John 15:5).
- *And God divided the light from the darkness.* It is not supposed that the one who returned back to God returns again to his previous state or even stays in the same place that reminds him of sin. He rather must leave it. The word *divided* means that everything was divided into two portions in a process of separation. This means that the first portion is brought away from the second one. They are no more as they were before. St. Mary of Egypt, the repentant, cannot after her repentance turn back to the place she used to live in before that reminds her of her sin. Therefore, the angels who came to save Lot said to him *“Escape for your life! Do not look behind you nor stay anywhere in the plain”* (Genesis

19:17). Thus, Lot got out of Sodom and Gomorrah because they were about to be burnt.

- The commandment of Jesus Christ to us and to His disciples, *"Greet no one along the road"* (Luke 10:4) means we must listen not to whoever hinders us for even one step in the way. Jesus Christ said to the wealthy young man who desired to follow Him but after he bid them farewell who are at his house, *"No one, having put his hand to the plow, and looking back, is fit for the kingdom of God"* (Luke 9:62).
- *And God saw the light, that it was good.* God was joyful about this salvation about which the Bible said, *"there will be more joy in heaven over one sinner who repents"* (Luke 15:7). Here, God gave a lot of sacrifices in order to restore man to his first image. He took the image of man and slave, was humiliated, was spat on, was scourged, was counted among sinners, the whole garrison gathered around Him, stripped Him of His clothing and finally crucified Him like sinners. All this happened because He is love and the source of all love. Therefore, the divine revelation expressed this by saying, *"God is love"*.

"6 Then God said, "Let there be a firmament in the midst of the waters, and let it divide the waters from the waters." 7 Thus God made the firmament, and divided the waters which were under the firmament from the waters which were above the firmament; and it was so. 8 And God called the firmament Heaven. So the evening and the morning were the second day"
(Genesis1:6-8)

- On the second day means the second step which is the very important stage of purification in one's life. Imagine stagnant water or putrid pool whose water has been rotten along years and years and where insects, reptiles and animal had died and disintegrated in its water. Then, how much would be this water filthy making no one able to look at it or even walk near to it out of its stench although its original first nature is just water i.e. pure water coming from union of Oxygen with Hydrogen which are extremely light gases? Water is transparent and colorless. Likewise man had been created pure and clean but his nature had been totally transformed through the awful sin.
- Who can imagine that this polluted fetid odor water can be restored to its first pure image, not only that but also to be

transformed into water vapor that forms white clouds like ice, and even brighter than ice, that flies over earth having no weight and reflecting the sunlight that delight eyes? But how can this be achieved?

For with God nothing will be impossible

- All this can be achieved when the strong sunlight falls upon this putrid water raising its temperature. Thus, the very pure water will be evaporated ascending to the highest in a very wonderful physical process because hot air ascends up because of its low density. As the process continues, clouds are formed by the action of the continuous vaporization process. The Bible reminds us saying, *“They have all turned aside. They have together become corrupt; there is none who does good, no, not one”* (Psalms 14:3). , *“Just as through one man sin entered the world, and death through sin, and thus death spread to all men, because all sinned”* (Romans 5:12), *“But God demonstrates His own love toward us, in that while we were still sinners, Christ died for us”* (Romans 5:8), while we were enemies we were reconciled with God *“that whoever believes in Him should not perish but have everlasting life”* (John 3:16). He is the hope of those who have no hope, the help of those who have no helper, the comfort of the fainthearted and the harbor of those in the storm.
- The vaporization process is itself the work of the Holy Spirit in man. For I was brought forth in iniquity, and in sin my mother conceived me but the power of the Holy Spirit is capable of this hard transformation process through repentance, confession and partaking of the Lord’s flesh *“that we should no longer be slaves of sin”* (Romans 6:6). As much as man get closer to God as much as the Holy Spirit works strongly in him like the sunlight that falls upon the putrid water to vaporize it. Thus, the purification process is completed.
- *God said, “Let there be a firmament in the midst of the waters”*, which is the space that separates the water below it (the old man) from the water above it (the new man) about whom Jesus

Christ said, *“who were born, not of blood, nor of the will of the flesh, nor of the will of man, but of God”*. The one who is born of flesh took actually life from his mother but this life is an earthly life. He becomes a carnal earthly being born while carrying the first sin of man. But the new birth given to us by God is from on high and He said about it, *“unless one is born again, he cannot see the kingdom of God.”* (John 3:3). The one born of Spirit becomes spirit, a part of God or a son of Him by the true nature. The most amazing is that we become partakers of the divine nature (2 Peter 1:4).

- *And God called the firmament Heaven.* This is one of the stages of heavens that God put before man in the beginning of creation to choose with free will the level he desires to ascend to.
- Nevertheless, there is a very important hidden thing. After cloud is formed, when faced by a cold surface, it is condensed and turns into drops of water that falls on ground by gravity forming rains.

This is a very dangerous thing. The water drops cannot ascend above the firmament because they have high density and when they fall down they will turn again. At first, the drops keep their purity in air despite they lose their light, bright white and capable of flying beautiful nature. Nevertheless, they lose not their purity. As soon as they fall down on earth may be they fall in the same putrid pool from which they ascended before and mix with its fetid water again taking its same putrid nature. After this amazing transformation and purification, they turn back again. Even if they fall on the ground, they form unclean mud and sludge because they lose their image that was brighter than ice. Therefore, the Holy Bible reminds us that sin has cast down many wounded, and all who were slain by her were strong men. The Holy Revelation says, *“Conduct yourselves throughout the time of your stay here in fear”* (1 Peter 1:17), and *“See then that you walk circumspectly, not as fools but as wise”* (Ephesians 5:15). The book of Revelation tells us about the vision of the four creatures around the throne that are full of eyes. The one, who had been purified, transformed, became brighter than ice like cloud and knew heavens, must be watchful,

vigilant and full of eyes. He must not think that he arrived and that he will never fall again. The cloud met a cold surface, became water and **fell down**. Therefore, the Lord warned us not to be lukewarm, to always vigil and to know from where we fell down in order to always get up. The Lord commandment to us in the book of Revelation is, *“But hold fast what you have till I come ... He who overcomes shall be clothed in white garments, and I will not blot out his name from the Book of Life ... to him I will give power over the nations ... He shall rule them with a rod of iron ... I will make him a pillar in the temple of My God”* (Revelation 2, 3); *“Behold, I am coming quickly! Hold fast what you have, that no one may take your crown”* (Revelation 3:11). The words *Hold fast what you have* means that if the thing I hold in my hand slips down I will lose it. It is a very dangerous thing that one falls after all this toil, transformation and brightness. Therefore, the Lord warns us continuously saying, *“Watch therefore, and pray always that you may be counted worthy to escape all these things that will come to pass”* (Luke 21:36).

- After each day the divine revelation says, *“So the evening and the morning were...”* This means regardless of the degree of perfection we reach in every step or stage, we must remember that we were darkness and became in light. We must remember that if we follow the Lord we will then surely arrive to the heavenly city which is our original homeland. We must always remember His saying, *“Look to Me and be saved”*. Whoever walks not in His way will never reach life *for wide is the gate and broad is the way that leads to destruction.*
- But the Lord says

I am

the way, the truth and the life

- There is a very important thing that one must not neglect. The prerequisite that made the Lord say, "*Let there be a firmament*" was that man ought to show **the sincerity of his own will** by separating between light and darkness i.e. after he totally went away from everything that contradicted God's will as for example bad friends or any other evil place. Seriousness is required in such a case. In the beginning, man's nature will remain in severe hunger and he will be attracted by nature to the world and the earthly things in which he used to find pleasure before. If he does not escape from all these things, standing not in this entire circle, he will continue committing sin because he is still **weak** and is in severe hunger. This was the commandment of the two angels to Lot. When one offers this sacrifice to God showing it by a full separation, He pours upon him the grace of struggle and the power to be transformed, through the grace of God, from water below the firmament, i.e. bad, rejected, dark, earthly water and formless void nature, to water above the firmament i.e. to flying cloud not subjected to gravity like was the first Adam. The words, "*God said, Let there be a firmament*" (Genesis 1:6) are meant to emphasize that the Lord alone is the one capable to grant us the power to struggle. Therefore, it is written, "*For by grace you have been saved not of works, lest anyone should boast*" (Ephesians 2: 8-9). Through the grace of God, we are capable of everything and without Him we can do nothing. But His grace is preconditioned to completion of the first stage of the way which is separating all old things in our lives for the Lord asked us, "*No one, having put his hand to the plow, and looking back, is fit for the kingdom of God*" (Luke 9:62). The Lord granted cure to the bleeding woman when she broke through all people forcibly and showed her desire and will through refusing to continue in her illness in which she was born which is the weakness i.e. the captivity and curse we were born in because of the darkness we were walking in. But when she approached God and touched Him, she was granted the grace of cure. Whoever really wants to reach God must show the sincerity of his own will through hard toil, and first of all through

separation from everything that brings sin to his memory. For it is written, *"How long will you falter between two opinions? If the Lord is God, follow Him; but if Baal, follow him"* (1 Kings 18:21). Also, *"The heart is deceitful above all things, and desperately wicked; who can know it"* (Jeremiah 17:9). The nature of man has been born in hunger. Because she was not yet satisfied with God in the beginning of the way she remained hungry. First of all, she must get away from anything in the world she used before to find her satiety in like the seed that accepts to be buried. This is the only prerequisite in order for water to give it life like what the Lord told us, *"Most assuredly, I say to you, unless a grain of wheat falls into the ground and dies, it remains alone; but if it dies, it produces much grain"* (John 12:24). Without being buried water cannot even start working in it. Likewise, whoever does not begin dying to the world and whoever refuses to separate himself from darkness, the Lord cannot say to him, **"Let there be a firmament"** i.e. He cannot start granting him the grace of struggle and the power of perseverance through which he can conquer in order to begin walking in the narrow way in which all saints walked when the Lord granted them insight and light. They escaped from the world and went to die to it through the good insight God gave to them. They proved the sincerity of their will. Therefore, the Lord said to them, **"Let there be a firmament"** and granted them grace and power to struggle in the way as it is written, *"Now if we died with Christ, we believe that we shall also live with Him. For if we have been united together in the likeness of His death, certainly we also shall be in the likeness of His resurrection"* (Romans 6:8, 5). God pours all this grace and power upon each man in order for him to struggle in the likeness of the Lord's death i.e. to walk like the Lord in the narrow way not only to get forgiveness of sin but also to be delivered from the origin of illness which is the weakness that makes one sin all the time and makes sin present for him. Therefore, it is written, *"Knowing this, **that our old man** was crucified with Him, **that the body of sin might be done away with**, that we should no longer be slaves of sin"* (Romans 6:6). Everyone must remember that the

prerequisite of God's work with man is his struggle to separate himself from what he used before to find his satiety in, and from everything that influences and attracts him i.e. the fake satiety **which he thought before that it would bring him satiety**. Man has been created to get satiety from God alone. Therefore, he will never find his satisfaction in anything else. Whoever drinks from the world's water will be thirsty again. Through the insight given to man by God he will realize the truth. God says everyday to every soul, "**Let there be light**" like when He sometimes sent the angel to stir up **the pool's water**. This pool's water is the nature of every man born in captivity but the Spirit of God hovers over every man and stir up by His two wings the water of his life's old pool. Whoever responds to the Lord's knocking and steps in water first after the stirring of the water will be made well of whatever disease he has. Whoever opens the door to the Lord will go into light and this will be the beginning of the way to salvation, cure, life and resurrection. Then, he will realize that **all his last life was death and perishing**. If he would not open his door to the Lord he would perish. But when he opens to the light he will be convinced that he must be separated from every darkness like what Moses the Black, Mary of Egypt and Saul did. God has the power to transform anyone whatever his sin and weakness, i.e. his captivity, are. He is the One who will say, "**Let there be light**". He grants power and grace to whoever opens to Him. When He says, "**Let there be a firmament**" He is also the One saying, "Let there be and it will be". The Lord, even, said to Saul, "*It is hard for you to kick against the goads*" meaning that it is hard for you to resist My work in you which looks like goads i.e. like a strong power that enslaves and tortures man to make him follow God. But all this happens to the one who responds to the Lord and begins to prove the sincerity of his desire. We need only to go to Him and trust that He will put mud on our eyes which is the creation of insight that God granted to all saints. It is really a second birth because on the day one sees the truth he is really born. Before that day, he was like dead people and like the seed before it is buried. Whoever desires to live in the

Lord in order to live the purpose God created him for needs only to open the door to the Lord in order for light to enter and needs to start giving proofs that he is serious through dying to the world as it is written, *“Since you died with Christ to the elemental spiritual forces of this world, why, as though you still belonged to the world”* (Colossians 2:20). The Lord said, *“You do not belong to the world ... Since, then, you have been raised with Christ, set your hearts on things above, where Christ is, seated ... Set your minds on things above, not on earthly things ... as it is utterly meaningless! Everything is meaningless. What do people gain from all their labors at which they toil under the sun? All of them are meaningless, a chasing after the wind”* (John 15:19, Colossians 3:1, Ecclesiastes 1:2, 3, 14). What people gain from all their labors other than reaching God?

- The word *firmament* was mentioned five times on the second day of creation in order for the Lord to emphasize that we must struggle to purify our five senses to become like the five wise virgins who symbolize the soul whose five senses were enlightened with Christ’s light. This happened because the soul was filled with the Spirit of Christ through crucifying her flesh and disciplining it in order to get the world’s water out of every sense. This is the beginning of entering through the narrow gate through stopping getting satiety from the first sense which is the sense of taste and satiety with food. Thus, the Lord told us that when the famine came during Joseph’s time he told Pharaoh that he ought to store one fifth of the grain lest all the people would perish in the seven years of hunger that symbolize the full hunger. One fifth of the grain represents abstinence of people from eating this part of the grain. It would be logic that Joseph would store half of the grain in the first seven years and eat the second half in the seven years of hunger. Yet, the Lord ordered to store one fifth of the grain which symbolizes stopping getting satiety through the first sense. This represents the true fasting through which one saves himself because through fasting the authority and captivity of the flesh start to die by stopping obeying it i.e. worshipping it.

- When one disciplines, enslaves, crucifies, becomes estranged from and put to death his flesh he will become like a man who grinded the grain to make it flour. Therefore, it will be transformed into a **material capable of mixing with water**, and will become bread that brings satiety to him and to others **like the five loaves of bread** that symbolize a soul that has crucified, disciplines, grinded and put to death her flesh. Therefore, she became able to mix and unite with God like the seed which was buried and thus started to be in connection with the source of its life which is water that started to give it life. Likewise we do. As long as we care for the flesh, we are in enmity with God as the mind governed by the flesh is hostile to God because we remain worshiping another god. How will there be reconciliation between us and God if we obey another god which is the flesh whose passion we obey?!! As long as we remain worshiping it we cannot then worship God.
- **The third day** is divided into two parts. In the first part, God ordered waters to be gathered together into one place in order for the dry land to appear. This means that He orders with His power because everything comes to being only by His grace. This is the full death of man to everything in the materialistic world and his total separation from the sea of the world. On this day, God likened the world with the sea and likened man with the land in which God wanted to plant His word in order for man to bear fruits. But, because of the dwelling of man in the world and his mixing with its sea he became like the mud and the deep. Nevertheless, whenever he starts his struggle by the death of his flesh i.e. by perishing his outward man he then starts getting the water of the world out of him day by day. Therefore, the captivity starts to die and the flesh of sin is abolished i.e. he is delivered from captivity which is the origin of illness that makes man always sin. In that day, man's desire and ego die, those through which he chose to obey his flesh, Eve and the chief of this world i.e. to forsake God. Ego's desire which is the origin of every ruin destroyed man. Because of obeying his ego's desire, man obeyed his flesh and Eve to fulfill his own desire. This means that captivity

to the ego leads one to obey his flesh, others and anything else. It is the origin of ruin. Therefore, whoever desires to be restored to Adam's pure image must deny himself. This means that one must not have any special desire but his only desire must be to live for God and by Him and thus he will live according to God's will and not according to his own will i.e. he will obey God's will and not his. Therefore, he will no more worship his ego but will start to worship God in truth. He will then be able to become a member in God as God becomes the head that leads him not his own will. How can one who still obey his ego, i.e. worship it, think that he started worshipping God?!! Therefore, the Lord told us, "*If anyone desires to come after Me, let him deny himself*". This means that if anyone desires to become a member in Me, i.e. to follow me and dwell in me, he must not obey his own will anymore and must not have any other desire in this world except obeying God's will. This means he must live for God alone i.e. he must live the purpose that God gave us existence in order to fulfill. The one who remains obeying his own will in the minute thing did not yet start worshipping God as no one can worship two masters at the same time. Likewise, a member cannot be part of two beings at the same time, i.e. it cannot take orders from two beings. The end of one's journey in the narrow way is to deny himself which starts on the second day after he puts to death his flesh in which he dwells because flesh is like the wild excited animal that must be tamed first. While one proceeds in the second day in putting his flesh to death by disobeying its desires, he at the same time starts putting to death the worship of his own self. While he crucifies and disobeys his flesh he also crucifies his own will. This is how the worship of the flesh and the worship of one's own self are put to death. Adam became enslaved to his flesh at the very moment he obeyed it by obeying his own will. Through stopping obeying the flesh on the second day, its worship with all its contexts will be abolished and the Holy Spirit will start to be born and developed within us day by day. This is, actually, what God came to teach us and this is what all saints did as they crucified and disobeyed the

flesh and this was the cause of insight through which God enlightened them. Thus, they actually started obeying their selves during the second day. The Holy Bible said, “*Even though our outward man is perishing, yet the inward man is being renewed day by day*” (2 Corinthians 4:16). This means that as the seed has been buried within the ground, water will begin working in it giving it a true life instead of the death it was living in. Likewise, the Spirit of God will be born in this soul that everyday puts to death her outward man which is the flesh. Also, one’s own desire will die. This looks like an embryo that starts to grow day by day like the root that starts to develop as long as the seed remains under the ground. Likewise, the Spirit of God will start developing within man after He was born on the first day he crucified his flesh and his own will i.e. after he stopped worshipping these gods which he found himself worshipping when born. That is what the Lord Himself taught us when He lived for 30 years **putting His flesh to death**. He grew and became strong in spirit meaning He was teaching us that the way proceeds gradually. As much as He put His flesh to death day by day, as much as the Spirit grew day by day until He was able to accept humiliations; He was oppressed and He was afflicted, yet He opened not His mouth. He wanted to show us that when one is filled with the Holy Spirit after He had been developed within him through a long period of struggle during the second day, he will then be able to bear any humiliation with contrition and without opening his mouth. This happens in order to make him obey God’s will and to refuse obeying his own will even when all others humiliate and slap him. In order for man to bear any suffering coming upon him from another one, he must have a spiritual credit first. Therefore, when one is trained to crucify his flesh on the second day, the Spirit of God will grow within him and through this Spirit he will be able, on the third day, to bear any suffering and to disobey his own will by not complaining from anything i.e. he will obtain the ability to discipline his own will and will obtain insight that **while he is doing this he obeys God’s will and not his own one**. At this

specific time, he started to be delivered from captivity by disobeying his own will as one is enslaved to whom he obeys.

- Nevertheless, one cannot stop complaining in the hardest situations unless he is full of the Holy Spirit. God taught us that in order for one's own will to die on the third day, one needs a long struggle for 30 years after which he becomes able to bear humiliations silently. This is what the Lord showed to us practically in Himself to teach us the way of struggle to be delivered from the origin of ruin and illness and from the captivity in which we were born. Therefore, it is written that Christ had suffered in flesh leaving us an example, **that we should follow His steps**. This means that the Lord showed us the practical steps that deliver us from the curse we were born in.
- Therefore, the world's sea will get out of man on the third day, day by day. The dry land will appear i.e. man will become like a dry land in which God can plant His word like how Saul of Tarsus was born and transformed into St. Paul. After the embryo develops for a certain period, the time due of his birth comes i.e. his resurrection from the tomb he was in. Thus, the seed, that started to develop for a certain period under the ground through the root that sprouted by the power of the effect of water in it, looks like any man in whom the Holy Spirit started to work. After a certain period of struggle on the second day toiling in crucifying the flesh and the ego, and after the outward man perish completely day by day, the inward man [which is the Spirit of God that started to be born on the second day through crucifying the flesh] will be renewed and resurrected on the third day like an embryo that is born and gets out of his mother's womb, and like the seed that sprouts out of the darkness in which it was living to be transformed into a plant that takes its way to light after three days of struggle. Likewise, our Savior resurrected from the tomb on the third day in order to teach and remind us with what He has written in the Bible that achieving the first image, i.e. returning back to Adam's pure image in which he was free, is completed after three days of struggle up to bloodshed. After that, one can

bear fruits of the Holy Spirit. Likewise, God's word was implanted in Saul who was transformed into Paul and who was dead before like the dead seed. But when he put himself to death like the seed which was buried, the Holy Spirit started to work in him. After he made his outward man perish, his inward man was delivered until he was resurrected on the third day with the Lord who promised us, "*For if we died with Him, we shall also live with Him ... For if we have been united together in the likeness of His death, certainly **we also shall be in the likeness of His resurrection***" (2 Timothy 2:11; Romans 6:5). No one can deny himself, i.e. can pass the third day, except after passing the second day. No one can have a desire other than God's desire and become fully humble except through the work of the Holy Spirit who dwells in him for a certain period on the second day through continuous fasting and prayer. Humility is one of the fruits of the Holy Spirit i.e. is a consequence of the work and dwelling of the Holy Spirit within man after a long period of struggle. This was what happened with many people like Saul of Tarsus who started to bear the fruits of the Holy Spirit when he preached all over the world after he was dead at first. He also started to preach because these are the fruits that come after a long stage of struggle. This is the light that enlightens the world with Christ's light that filled all his soul like what he himself said, "*It is no longer I who live, but Christ lives in me*" (Galatians 2:20). But he said this after he said, "*I have been crucified with Christ*" i.e. I started to live, move and exist through Christ who was born in me.

- When the Lord says, "*Let there be light*" and man's heart sees all the truth, he can no more return back to the world or get his satiety from it again. He clearly sees the truth that states that all the world's water and desire are destructive because they increase captivity. This means that as much as man seeks his satiety from the world as much as his captivity to his flesh increases. Therefore, whomever God enlightens feels ashamed to return back to eat the pods and to accept remaining enslaved to gods that are not gods in nature. He cannot accept again to remain like beggars who beg for

alms out of severe poverty and hunger in which he was before seeing the real wealth and the only satiety which are the pleasure of the Lord who can give satiety to every man born in hunger. This was what the unjust steward said when God enlightened him, "I am ashamed to beg" (Luke 16:3) and I cannot dig i.e. I cannot search for another job after I realized that I must work only not for the food which perishes, but for the food which endures to everlasting life i.e. I must struggle to reach the purpose for which God created man. **This is the mystery that made all saints escape from the world in the moment their insight was enlightened and they realized the truth** as it is written, "And you shall know the truth, and the truth shall make you free" (John 8:32). On the day when all saints escaped, God said to them, "Let there be light". He shone upon them with the full truth. Therefore, they saw the entire truth which states that the entire world is meaningless and vain like the wind and that seeking to obtain any worldly thing looks like one who runs after a phantom or who tries to grasp the wind. This whole life is a mere period of testing and choosing. It will pass like a shadow that man can obtain nothing in. As it is written "*grasping for the wind*", saints realized that unless they struggle in the narrow way they will compromise the eternal presence with God just for the sake of a shadow. Therefore, they forsook the shadow in order for them to remain with the Truth. They refused to remain begging in hunger and poverty after they discovered the full satiety and weath.